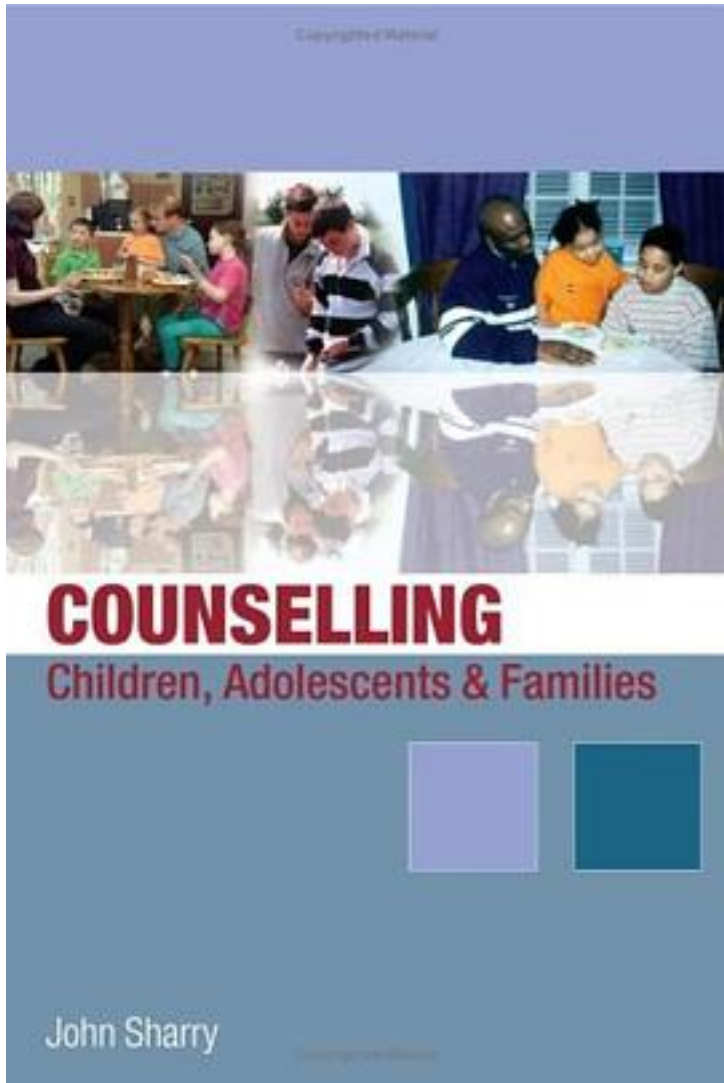


Counselling Children, Adolescents and Families



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著者:Sharry, John

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'I recommend this book to anyone who lives or works with families, children or teenagers' - Nurturing Potential 'This is a valuable book, worth attention in every child and family service. My own agency has ordered a copy!' - Robert Cumming, Nurturing Potential 'John Sharry's book is a jewel in the solution-focused literature. It is clearly and engagingly written, draws on a host of ideas from different therapeutic approaches and is packed with practical examples. There is no better book on strengths-based therapy with children and adolescents. Every team should have one' - Chris Iveson, Brief Therapy Practice Counselling Children, Adolescents and Families describes an innovative approach to therapeutic work which builds on the strengths of children and their parents. As the author's experience shows, helping clients to focus on potential solutions rather than problems can be a powerful means of engaging them in the therapeutic process, even in the most conflicting family circumstances. Harnessing the client's personal, family and community resources in this way also helps counteract their feelings of powerlessness and the possibility of increasing reliance on professional services. Part One outlines the basic principles of a solution-focused and strengths-based approach, tackling such thorny issues as how and when to use diagnosis. Part two describes creative applications of the approach, using groupwork, play-based activities and video feedback. Part Three, examines practical issues which arise in more 'difficult' cases, such as child abuse and suicidal teenagers and children. This book is aimed at professionals and trainees in fields including social work, mental health, childcare, education, psychotherapy and counselling.

作者介绍:

目录:

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标签

【英文是用来啃的…】

【学】 心理学

评论

(2017.25)书挺短的，粗扫了一遍。太general了太理论了以致于没有太大借鉴意义。感觉现在最大的问题就是I know WHAT to do, but I still do not know HOW to do it. 真是崩溃啊 = =

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书评

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