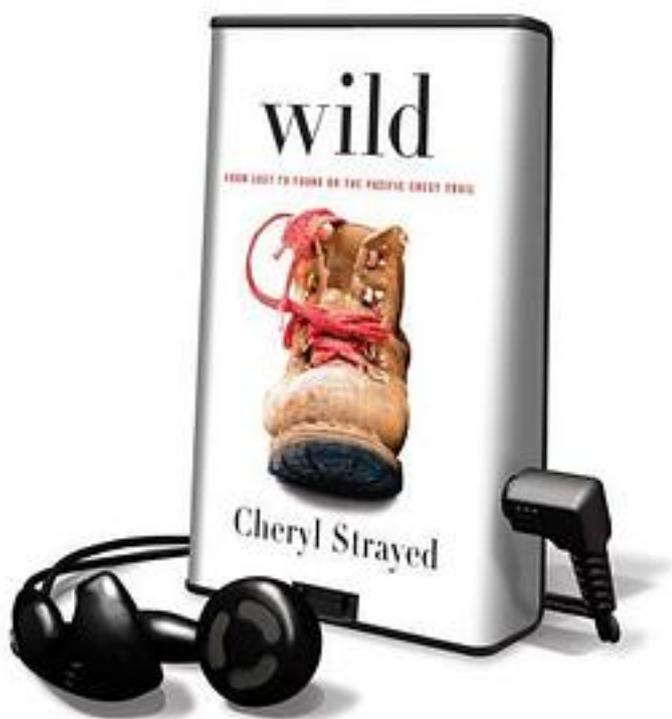


# Wild



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著者:Strayed, Cheryl

出版者:Knopf

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A powerful, blazingly honest memoir: the story of an eleven-hundred-mile solo hike that broke down a young woman reeling from catastrophe—and built her back up again.

At twenty-two, Cheryl Strayed thought she had lost everything. In the wake of her mother's death, her family scattered and her own marriage was soon destroyed. Four years later, with nothing more to lose, she made the most impulsive decision of her life:

to hike the Pacific Crest Trail from the Mojave Desert through California and Oregon to Washington State—and to do it alone. She had no experience as a long-distance hiker, and the trail was little more than “an idea, vague and outlandish and full of promise.” But it was a promise of piecing back together a life that had come undone.

Strayed faces down rattlesnakes and black bears, intense heat and record snowfalls, and both the beauty and loneliness of the trail. Told with great suspense and style, sparkling with warmth and humor, Wild vividly captures the terrors and pleasures of one young woman forging ahead against all odds on a journey that maddened, strengthened, and ultimately healed her.

作者介绍:

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## 标签

旅行

英文原版

徒步

Cheryl\_Strayed

纪实

小说

hiking

美国

## 评论

the hardest journey is to face your life and get through it

可读性非常强的一本旅游书travel writing。虽然仍然不能逃脱走天下路睡天下男女的套，但是好歹故事性比较好。读完很想自己也背包脏兮兮累的要死去的走一段这种路。家里住的离PCT的一段很近，最近心里又很多戾气，是需要一些释放。

文笔很正 可是其实作者的问题是有性瘾而不是内心空虚吧。。

Audiobook. 以及的确比电影好很多...

這本書已經成為了我的PCT Guildbook

Now I know why Lorelai insisted to join the Book side in stead of the Movie side... the book is indeed so much more pure.

"to stare that fear down, to stare everything down."

"How wild it was, to let it be" - Cheryl Strayed

特别感谢推荐我这本书以及拉我去hiking的朋友

在迪拜的书店买的书，大概是当时买书的时候有着和作者一样的心情吧。PCT travel

stories, 写的不错, 最好看的是前三分之二, 当然, 作为这种自传体, 能如此一气呵成的已经够好了。

听完了这本书。新买了个soundspeaker, 晚上做饭的时候听听, 洗完衣服坐在沙发上叠衣服的时候听听, 还蛮爽的。坐megabus的时候听一听, 比听谈话类节目有故事性。最后在从大休飞汉堡的时候听完了, 还顺带看了下电影。还是蛮不错的。

第一次花几十块买一本电子书。自己永远不会如此堕落 也不会如此绝望 所以更不可能这样寻找, 但佩服作者。

I gonna finish this book within 3 months and it makes me feel like loving hiking more than ever, I really want to hike yubeng only if I have time and a reliable companion. (maybe the PCT one day)

读的时候想法很多, 读完了反而没那么多了。一开始是很讨厌作者的, 生活方式和做事方式, 让我觉得很多生活中的苦难都是自找的。然而她是在PCT上寻找到了很多答案, she cannot speak it out, 但是作为读者能体会到她最后在bridge of god上和之后加油站的蜕变, 越接近尾声, 她学到了越多, 然后之后的幸福生活也是由此带来的吧。

文字好好, 内容也很精彩。读完之后好想去hiking

还是更喜欢改编的电影

花了这么久终于读完原著。我们的境遇太相同以至于我没法把这本书同等看待。谢谢你给我生活下去的勇气。

别说是个年轻女子, 就是一个大老爷们, 一个人去徒步也是值得钦佩的。当一个人在现实中迷茫时, 真的应该走进大自然, 与自己的内心开启一段真正的对话。当你的身体遭受巨大的磨难时, 当你拾起勇气克服一个个困难时, 也就是你找到自己, 让自己重新焕

发生生命力的时刻!

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To keep walking. A book that deeply touches and inspires me.

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I love the things she did. I really want to do that too. The book definitely encourages me hiking more.

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## 书评

自从搬来cheyenne这个地方，图书馆的特别服务：cd和电影一律都需要2刀租而且只给租三天，享受了20多年免费服务图书馆后，带着不满的心情老娘决定半年就随意翻翻书，这本书是我那天无意中在图书馆随手拣起的，名字很吸引我， Wild: From Lost to Found，从失去中寻找，渐渐的， ...

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如果仅仅是对一个女孩的徒步经历感兴趣，而不是为了奥斯卡最佳女主角提名或名导名编的光环，或为了欣赏一下曾经的“美国甜心”那张保养有方的脸，就别看电影了。不如去看小说。小说坦率，幽默，励志，通俗易懂，也没有那么多生涩的词汇。这是我第一本真正看完的英文小说。小...

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2017-1-27 至 2017-2-1 "Wild: From Lost to Found on the Pacific Crest Trail" by Cheryl Strayed The content of the book is very well explained by its title. Her mother died of cancer at the age of 49. She was heartbroken; her family fell apart without h...

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四年前的夏天，desparately地想要明白在这个世界上，我的存在到底有什么意义。于是从北京出发，挤上了一辆去往拉萨的火车。Cliche as it sounds, 当时的我真诚地盼望着那一次旅途能够让我摆脱生活里巨大的失望和虚无。在无座的火车上，车厢连接处的地上，坐了整整56个小时之后...

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不知为何，想用阿伦特的这句话为题。一个月，阅读断断续续。不论哪本书，不论在哪里，都是性，爱，痛，死亡与生命。最末几页，不忍翻快，Cheryl吃着甜筒，对命运察觉又不了然。Finally, she was out, or in, as she said, but I feel betrayed though I wish her good. ...

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去年在Vegas的机场，一眼看到了这部书。书架上列着奥巴马推荐，于是随意翻开了几页，顿时就被吸引。作者是个失去了母亲，沉沦了4年，吸毒，滥交的女人。本可以成为作家或者起码也是文字工作者，但她却在一个餐厅打工。终于有一天在超市里无意间看到了介绍PCT的书，开...

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