

手疗治百病



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《手疗治百病(英文)》主要内容简介：In traditional Chinese medicine, the hand can be

used to diagnose diseases because pathological information is reflected on the hand. This method can also be used to prevent and treat diseases, improve life quality, and maintain health by applying various types of stimulation to specific areas of the hand. This is not a fantasy. The hand as a part of the body lies in a common environment with other structures and has a close relationship with the body's internal organs. Hand therapy is simple and easy to practice and safe and reliable for obtaining good therapeutic effects for a wide variety of diseases. Hand Therapy: Traditional Chinese Remedies in the Traditional Chinese Medical Therapies is compiled by experienced traditional medicine specialists. This book discusses the origins, development, characteristics, and indications of hand therapy as well as common methods of hand massage, hand acupuncture, hand bath, and hand qigong used to treat various medical, surgical, gynecological, pediatric and ENT diseases. It is concise, practical, written with ease and grace, and includes 50 illustrations. This book is meant to satisfy the needs of medical workers and average readers alike to understand, learn, and practice this unique hand therapy, created and developed over many years in China.

作者介绍:

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