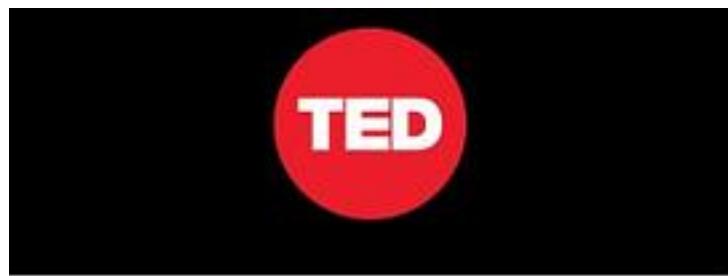


The Demise of Guys



THE DEMISE OF GUYS

why boys are struggling and
what we can do about it

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Everyone knows a young man who is struggling. Maybe he's under-motivated in school, has emotional disturbances, doesn't get along with others, has few real friends or no girl friends. Maybe he's your son or relative. Maybe he's you.

Why is this happening? Asking what's wrong with these young men or why they aren't motivated the same way guys used to be isn't the right question. Young men are motivated, just not the way other people want them to be. Society wants guys to be upstanding, proactive citizens who take responsibility for themselves, who work with others to improve their communities and nation as a whole. The irony is that society is not giving the support, means or places for these young men to even be motivated or interested in aspiring to these things.

In our book, we focus primarily on guys investing too much time and energy in the last two factors: playing video games and watching freely available Internet porn. We also discuss widespread fatherlessness and changing family dynamics, media influences, environmentally generated physiological changes that decrease testosterone and increase estrogen, the problematic economy, and the dramatic rise of gals, taking highlights from our 20,000 person survey.

Then we present several practical suggestions for teachers, parents, and guys themselves about how they can balance their lives and environment in order to thrive.

<http://www.demiseofguys.com/ebook/>

作者介绍:

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标签

TED

心理学

原版

人文社科

评论

第十本原版书～这是一本2012年的老书，属于一个ted talk的衍生读物。豆瓣上没人看过，goodreads上读者倒不少。此书作为一个“大杂烩”，前期作者搜集了很多信息与数据，阅读了一些理论书籍和paper来分析现代男孩子、男青年面临的诸多问题和困境。一些观点（关于学校制度、亲密关系、肥胖等的讨论）有意思，启发了思路，还有延伸阅读的推荐；但多数只是胡扯加上没分析到位。总的来说，作为一本茶余饭后阅读的小书，能让你意识到一些危害（比如porn和video games），给出一些建议，用词普通，书本身的逻辑也不难，男童鞋们可以一试！（女生就不用了）
鉴于此书只给予观点，论述过少，加之“年代久远”，一些观点不再新颖。我给出三星的评分，如果是2012年看完此书，我或许会给出三星半～

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书评

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