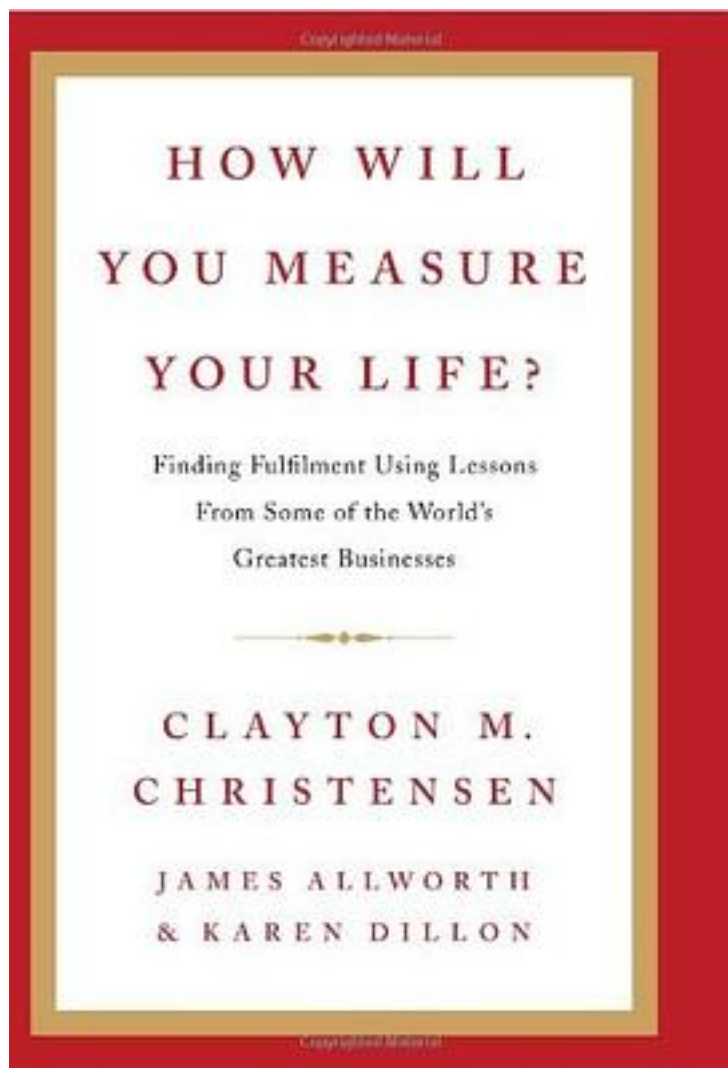


How Will You Measure Your Life?



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著者:Clayton M. Christensen

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How do you lead a fulfilling life? That profound question animates this book of inspiration and insight from world-class business strategist and bestselling author of The Innovator's Dilemma, Clayton Christensen. After beating a heart attack, advanced-stage cancer and a stroke in three successive years, the world-renowned innovation expert and author of one of the best selling and most influential business books of all time - The Innovator's Dilemma - Clayton M. Christensen delivered a short but powerful speech to the Harvard Business School graduating class. He presented a set of personal guidelines that have helped him find meaning and happiness in his life - a challenge even the brightest and most motivated of students find daunting. Akin to The Last Lecture in its revelatory perspective following life-altering events, that speech subsequently became a hugely popular article in the Harvard Business Review and is now a groundbreaking book, putting forth a series of questions and models for success that have long been applied in the world of business, but also can be used to find cogent answers to pressing life questions: How can I be sure that I'll find satisfaction in my career? How can I be sure that my relationships with my spouse, my family and my close friends become enduring sources of happiness? How can I avoid compromising my integrity (and stay out of jail)? How Will You Measure Your Life? is a highly original, surprising book from a singular business figure. It's a book sure to inspire and educate readers - companies and individuals, students of business, mid-career professionals, and even parents - the world over.

作者介绍:

Clayton M. Christensen is the Kim B. Clark Professor of Business Administration at the Harvard Business School. In addition to his most recent book, How Will You Measure Your Life, he is the author of seven critically-acclaimed books, including several New York Times bestsellers - The Innovator's Dilemma, The Innovator's Solution and most recently, Disrupting Class. Christensen is the co-founder of Innosight, a management consultancy; Rose Park Advisors, an investment firm; and the Innosight Institute, a non-profit think tank. In 2011, he was named the world's most influential business thinker by Thinkers50. A native of Australia, James Allworth is a graduate of the Harvard Business School, where he was named a Baker Scholar, and the Australian National University. He writes regularly for the Harvard Business Review. He has previously worked at Booz & Company, and Apple. Karen Dillon was Editor of the Harvard Business Review until 2011. She previously served as deputy editor of Inc magazine and was editor and publisher of the critically-acclaimed American Lawyer magazine. She is a graduate of Cornell University and Northwestern University's Medill School of Journalism. In 2011, she was named by Ashoka as one of the world's most influential and inspiring women.

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标签

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评论

育儿宝典+面试这么说故事你一定会很impressive

Clayton, 从dilemma开始, 就可以完全地看出, 是一个非常Critical Thinking的人, 所以每一本书, 都是洞见和深刻, 但问题是, 很枯燥。感觉他就是郭靖, 会降龙十八掌, 但无趣的狠, 还是喜欢七公那样的。

写作业之前没读 交了作业翻完了.. | hygiene factor和motivator的区别 | 印象比较深的是语言舞蹈和谨慎外包 与其说在教我做个好人 不如说是在教人如何带小孩...

Strongly recommended! A good read on life philosophy through business case study.

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书评

看完书，大致小结了一下重点：1、确定目标；2、有效分配资源；3、坚持；4、着眼于未来。

总之，想清楚你究竟想成为什么样的人，勾画出你的目标，好好衡量怎样为之去努力。不要害怕更改你的错误，“仅此一次”的借口一旦打开就无法停止。尽量做出让自己不会后悔的决定。 ...

“衡量”意味着可以量度、比较、评定，那么我们的人生真的可以衡量吗？在没有阅读克莱顿·克里斯坦森教授的《你要如何衡量你的人生》前，我会觉得要想准确衡量自己的人生从而把握人生前进的方向、判断自己适合做什么样的工作并找到适合自己的工作、确保自己的家庭幸福...

本书作者克里斯坦森是哈佛商学院的教授，本书却是教你“如何衡量人生”。这是个什么道道？莫非现在人生导师也可以跨界担任了？抱着这个疑问，我展开了阅读。而读罢的结论便是：我们还是先做好本职工作吧。全书分三部分，分别从事业、家庭生活和道德规范方面进行了探讨。说实...

此为看书之后的综合笔记，宏观的提取了主旨，结构，以及每一个具体议题下的理论和描述。主要为个人学习和回顾做指导。这本书主要谈的是如何把商业理论应用在个人生活的建立上，以帮助我们发展并实现我们内心期望拥有的人生。他通过回答主要三个问题来开展论述，如何拥有好的...

佛说：一花一世界，一叶一菩提，在我的理解，就是世界上事物都是相通的，我们在面对这些事物的时候，我们怎么去思考，去了解他们，才是关键，因为我们都是盲人摸象，对世界的了解都是片面的，同时，我们又受到“知识的诅咒”的影响，所以才有了鸡对鸭讲而本书的作者...

读这本书的时候，总会时不时的有种茅塞顿开的感觉。其实并不是因为这本书讲了什么不为人知的人生哲理，成功秘籍之类的东西。而是将一些我们自己能想到或者看到，却并不清楚的东西一语点破。书不玄妙也不夸张，只是基于作者的人生经验，商业案例和商业理论来谈一谈衡量人生和经...

去年元旦的时候，在读克里斯坦森的<创新者的窘境>，今年元旦里，还是在读他老人家的<你要如何衡量你的人生>。看起来不算薄的一本书，其实也就不到两百页。没有高深的理论，反而是将更多的问题返璞归真，因为无论是企业还是人生，其实大家要遵守的都是一些基本规律。你有自己...

整本书作者都是以一种非常坦陈的态度来把他自身的一些关于人生幸福的感悟娓娓道来。但除了第一部分是谈到关于事业成功以外，后面多是从介绍企业例子中提炼出一些理论应用到家庭生活、子女教育中来。当然，事业和家庭是生活中不可割裂的整体。结合自己现状，对于第一部分...

1 什么叫做好工作？

看到了一些3年前无限风光地拿到的20+万年薪附带北上广户口的校招OFFER然后产业动荡终于个人和公司都回归本来价值的例子。发现3年前风光的OFFER撑了不到3年就尽显萧瑟。那时候的好工作为什么现在就不好了？怎样的工作叫做最好的？首先，钱...

做你热爱的工作：动力因素包括：有挑战性、获得认可、责任感、个人成长
挑战：过程获得成就感等比目的更重要
问自己工作的意义，成长机会，承担的责任，得到的认可而不仅仅是钱 ...

《How will you measure your life》Christensen教授的这本书不愧是NYT畅销书之榜首。读完令人醍醐灌顶、拨云见日，心情也平静了许多。在人生重要的转折时期能够读到这本书是上天给我最好的礼物。好期待下学期上他的BSSE课程

哈佛大学商学院教授克莱顿·克里斯坦森在2010年被诊断出罹患淋巴瘤，在患病期间应邀到哈佛大学进行了一场主题为“你要如何衡量你的人生”到演讲。这场演讲轰动一时，后来，他联合他的两个学生，将这个主题，写成了一本书。人在最接近死亡的时候会想很多东西，往往深刻而有力。...

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