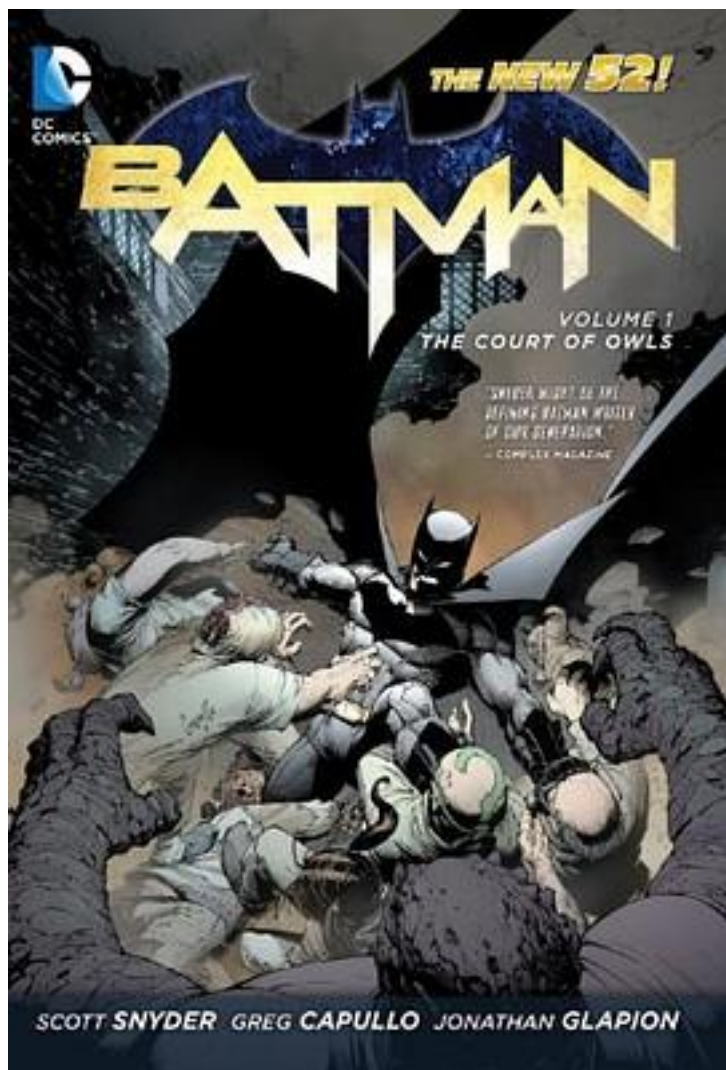


Jamie Oliver's Food Escapes



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著者:Oliver, Jamie

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This new book of mine is all about fun, escapist recipes. It’s an adventurous cookbook that embraces the big hitters from the incredible countries I’ve visited recently, as well as completely new things I’ve made up by taking cues from the influences around me. I’ve taken some of the most famous and exciting dishes from these beautiful places and tweaked them so you can recreate the paellas of Spain, the tagines of Morocco and the risottos of Italy easily, and authentically, in your own kitchen.

Every now and then, being brave, escaping the daily routine and filling up on other cultures is a great thing to do. Just get out there and discover the fantastic flavors, people, and places that exist just a flight away.

So, if you’ve been talking about going somewhere in particular but haven’t gotten around to booking your ticket, I urge you to go for it. You’ll come back feeling optimistic about life, with a head full of beautiful memories—not to mention ideas for incredible dishes. In the meantime, let this book introduce you to some of the fantastic new recipes and flavors I’ve discovered, and maybe even reintroduce you to recipes you’ve loved and enjoyed on your own holidays, but just never knew how to make.

作者介绍:

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