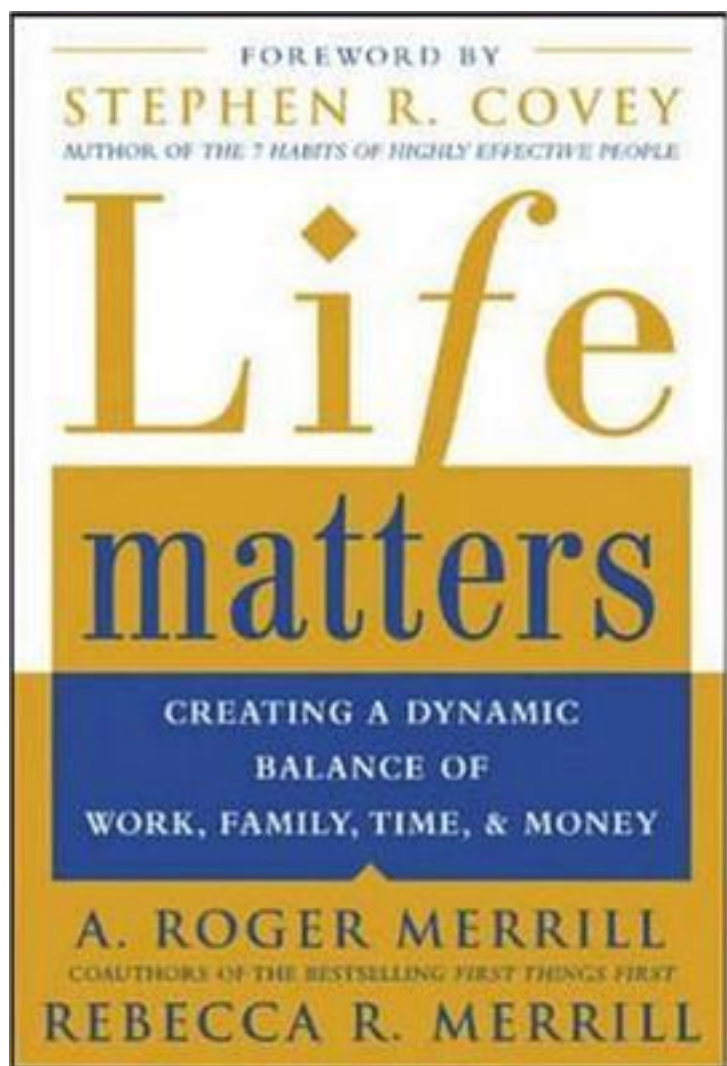


# Life Matters



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著者:A. Roger Merrill

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Praise for Life Matters:</p>

"A great read! This book is a great read, especially if you have a family, where balance in life is paramount!"--Larry King, Host of Larry King Live</p>

"Roger and Rebecca Merrill have written another book that matters--Life Matters. In this crazy world we live in today, it's a goldmine of practical, achievable ideas that will really make a difference."--Ken Blanchard, coauthor, The One Minute Manager® and Whale Done!<sup><small>TM</small></sup></p>

"Most people I know really want to put their family first, but with all the various tugs and pulls that can cause distractions, the most important things in our lives can be neglected. The invaluable information in this book will help you balance family, work and finances, and give you the inspiration to help you make the changes necessary to have internal peace and improved relationships."--Marie Osmond</p>

"Profound knowledge is literally what this book is. In fact, what I would say is 'profound wisdom,' because it interweaves timeless, universal, self-evident principles into all of the knowledge that is given.... I hope you share my passion for this remarkable book."--Excerpt from the Foreword by Stephen R. Covey, author of The 7 Habits of Highly Effective People</p>

"It's the 4th 'Gotta Do'...read this book, Life Matters. This book clearly articulates and demonstrates that balance in work,time,and money is not only achievable but critical to winning in the game of life."--Pete Beaudrault, President and CEO of RLE Intl Consultants</p>

"At last, a way to 'sync' what matters most with what we actually do! And with an approach that helps people understand, simplify and incorporate the power of technology in resolving life balance issues. The Merrills present the ideal solution for knowledge workers who want to have quality family life."--Curt Allen, Former President and CEO, MyFamily.com, President and CEO, Agilix Labs</p>

"I wish that I had had this wisdom years ago so that I could have led a greater life sooner! This information is invaluable for anyone who has choices in life about family, work, money, and time--and I think that applies to everyone. I encourage you to read it and apply these principles of greatness so that you might achieve your greatest goals."--Pat Croce, former owner of the Philadelphia 76ers, author of 110% and I Feel Great</p>

A groundbreaking guide to achieving true life balance from the experts at the Covey Institute</p>

As the home front and the work front become increasingly integrated in contemporary life, success--or failure--in either has an undeniable effect on the other. But it is possible to keep both areas moving forward in positive ways. In this much anticipated book, A. Roger Merrill and Rebecca Merrill show readers how to navigate the critical relationships between time and money, work and family, to create a harmonious, success-enhancing dynamic between each.</p>

Life Matters guides readers in how to spend time and money in ways that translate the personal values and goals that matter most into daily life experience.</p>

The crucial steps toward this kind of effective living include:</p>

Exploring the gap between what we deeply value and the reality of daily life

Aligning resources with goals and values

Using technology--one of life's greatest balancing assets--as a tool for creating more time

Utilizing the concept of dynamic investing, which includes intangibles such as energy, relationships, and integrity

Succeeding at work and family do not have to be mutually exclusive goals

Also included are invaluable exercises that will help readers achieve greater satisfaction in all areas of life.

作者介绍:

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评论

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## 书评

今天看完这本书，摘录其中第二章的培养平衡能力、产生推动力的三大法则。

三大法则：

1、检验预期：如果你的行为所依赖的前提和思维模式是不完整、不正确或不真实的，那么你根本不可能获得最佳结果。所以，你的预期必须符合实际，即符合事物的真实情况，同时还必须符合永恒的...

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立意很好，工作、家庭、时间、金钱四个方面都讲了。不过老外的思想，“分”的基础上的“和”。每个方面论述的都不够深入，当然还是不错的。不过在这四个方面都有不错的书，作为观念的树立是很好的。

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我们，人生在世，无非是活着，还要健康且快乐地活着；  
但是，如果我们想要获取某种我们目前经济实力还不够的物品时（产生了欲望）  
那么，我们就会可能因金钱而失去自我。钱，不是万恶之源。  
不正确的金钱观，才是万恶之源。  
如果你在一个热闹的城市里，觉得生活压力太大，或...

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