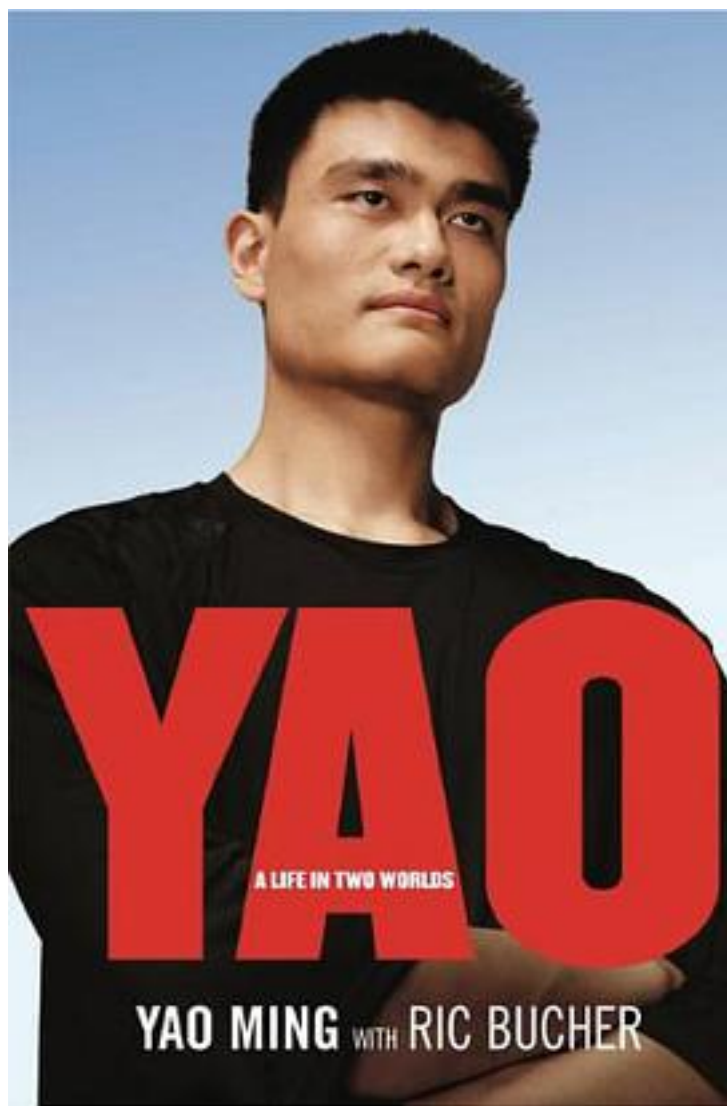


YAO



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著者:Yao Ming

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Since Yao Ming's electrifying NBA debut with the Houston Rockets in 2002, the 7-foot-5 Chinese center has appeared in numerous TV commercials, on magazine covers, and in countless basketball-highlights reels. And yet, despite Yao's status as one of the country's most recognizable sports stars, the remarkable story of how a shy, gangly kid from Shanghai went on to become the NBA's first foreign-born and developed #1 draft pick has remained, until now, largely unknown. With this memoir, Yao reveals himself as a thoughtful, opinionated young man whose insights extend far beyond the basketball court. He paints a compelling portrait of how his parents, both former Chinese basketball stars and fully aware of the bleak outlook for ex-players, resisted the Chinese government's interest in steering their son into the sport as a child. But the love of the game took hold of Yao as a teenager, and he began to sense both his own potential and the restraints he would face from the bureaucrats who ran the sport. As Yao's success in China grew, it became clear that his future would be with the NBA. But nothing came easily. With riveting detail, Yao recounts the white-knuckle gamesmanship required to win the approval of Chinese officials for his leap to America. Yao: A Life in Two Worlds vividly chronicles Yao's move from Shanghai to Houston: The sudden millionaire has to learn to drive his newly acquired car; the young man who has only ever had one girlfriend tries to make sense of pro-basketball's hard-partying life off-court; the supremely dominant player in China is transformed into a NBA rookie unnerved at the prospect of facing Shaquille O'Neal. But soon enough, aided by his easygoing manner and sense of humor that has proved so appealing to fans, Yao finds his moorings and flourishes as a major NBA star with a worldwide following. Sports writer Ric Bucher spent hundreds of hours in conversation with Yao in the U.S. and China, closely tracking the player's feelings and observations during that historic first season with the Rockets. Yao: A Life in Two Worlds is an inspiring account of how one man's faith in himself, hard work, and drive have taken him from national success story to international icon and helped build a bridge between two countries.

作者介绍:

姓名：姚明 Yao Ming

生日：1980年9月12日（星期五）

星座：处女座 血型：A 型

身高：226 厘米 个人经历 未出生已被体委预定

6岁 看美国哈里篮球队上海表演，知道NBA

9岁 进上海市业余体校

14岁 进上海市青年男子篮球队,电视上首次看NBA

17岁 进中国国家青年篮球队,上海东方篮球俱乐部

18岁 到美国参加篮球夏令营见到乔丹

18岁 进入中国国家男子篮球队至今

22岁 开始NBA 之旅

体重：134 公斤

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标签

传记

姚明

人物传记

NBA

评论

撇去我对姚明的爱不说 写得真是差

应该是翻译本，读起来多少有些别扭

看过姚明打球，很幸福。

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书评

姚明的自传《我的世界我的梦》买了有段很长时间了，但一直放在书柜里没有翻动。这几天偶有闲遐的时间便取出阅读。
首先我不是个篮球迷，对篮球的理解和认识也只是上小学时，听体育老师说是一个美国人叫‘奈.史密斯’发明了篮球，每队五人比赛，远距离投进的球能得3分，近...

其实是姚明口述，姚之队记录的一本书，一开始看还是觉得有点别扭...因为感觉主要受众其实是美国球迷，很多关于中国文化的一些解释..稍微有点不顺畅，看到后面习惯了就还好。
还是不错的书，值得翻一翻，倒不是说要研究如何成为姚明一样成功的人，只是不断总结和琢磨还是挺...

姚明退役了,大个子的职业生涯结束了.想起还读过这本书.就来写点什么.
人总是不断消失在过去的日子里的.咳.亲不亲,家乡人么.因为有了姚明才去看休斯顿火箭..
告别的时候谢谢那么多人.哈哈...我感觉现在退役是个明智的选择.现在退役还有钱,还能去享受生活..在坚持.如果弄出残...

这本书有些地方写的还是挺幽默的，像姚明的风格，大家可以看一看，我是姚蜜，当然要力荐这本书啦，呵呵。

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