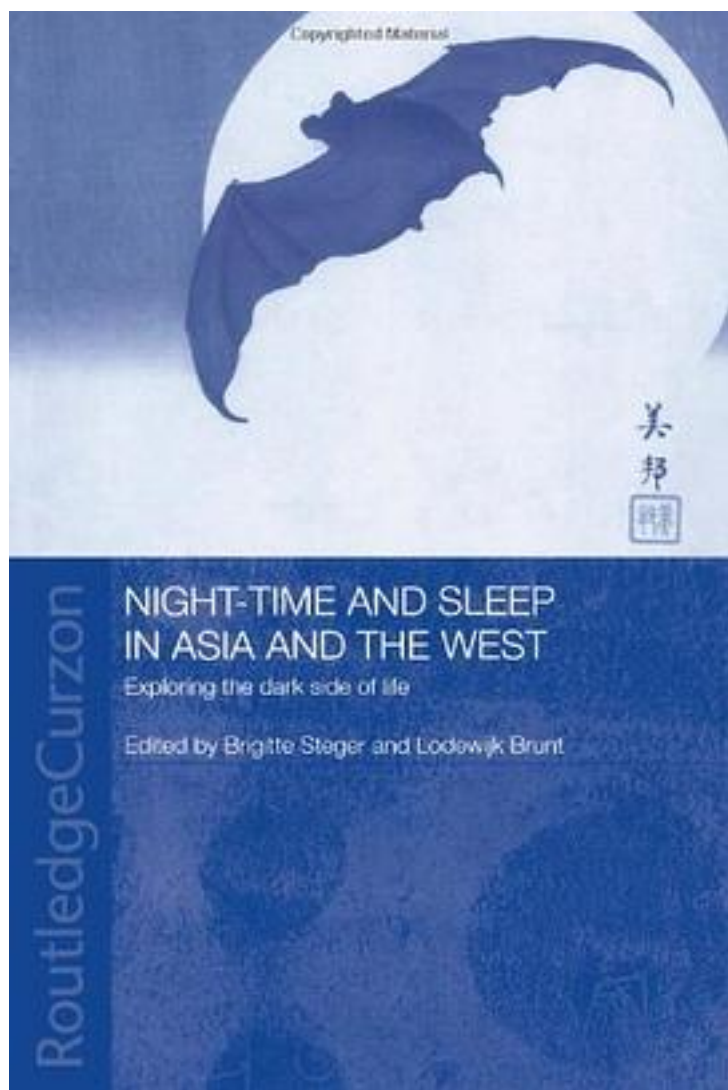


# Night-time and Sleep in Asia and the West



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Ideas and practices concerning sleep and night-time are constantly changing and widely varied in different cultures and societies. What we do during the day and night is the result of much political struggle. Trade unions, political parties, entrepreneurs, leaders and schools boards, all have an interest in questions of timing for the opening and closing of shops, the starting hours of schools and factories, and the number of hours people have to work and sleep. By drawing together comparative case studies from countries in both Asia and Europe, "Night-time and Sleep in Asia and the West" allows the reader to track the differences in the cultural importance given to the night, and to compare the ways in which the challenges and opportunities of modernity have been played out in the East and the West.

作者介绍:

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## 标签

人类学

英文书籍

社会学/人类学

社会学

研究相关

定性/民族志

亚洲

## 评论

略无聊，大部分论文质量不高。后面九篇论文中大部分显然没有撑起导论的目标，而且其中一些里面night-time和sleep处在论述的边缘位置。谈论中国的两篇也蛮无聊的（典型写给老外看的），第一篇选了些中国古代文献分析一些字词成语之类的来说明古代人对夜晚和睡觉的看法（作者的古代文献功底明显很差），第二篇就是最无新意的论述方法：把中国关于午休的话语（而且主要还是官方话语）放在极其粗线条的中国当代史里（改革开放，89两个分界点），美其名曰从关于午休的话语来看中国社会的变化，但这种粗线条的历史论述都被谈了无数遍了，怎么谈都无聊。文章重点还是在于改革到89以前对现代化和西方事物的争论（当时西方少有午休）以及89以后的去政治化的功利转向（牺牲休息时间赚钱），而且都是少有细节的宏观叙事。

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有些标题党了，关于中国的两篇文章还有进步的空间

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## 书评

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