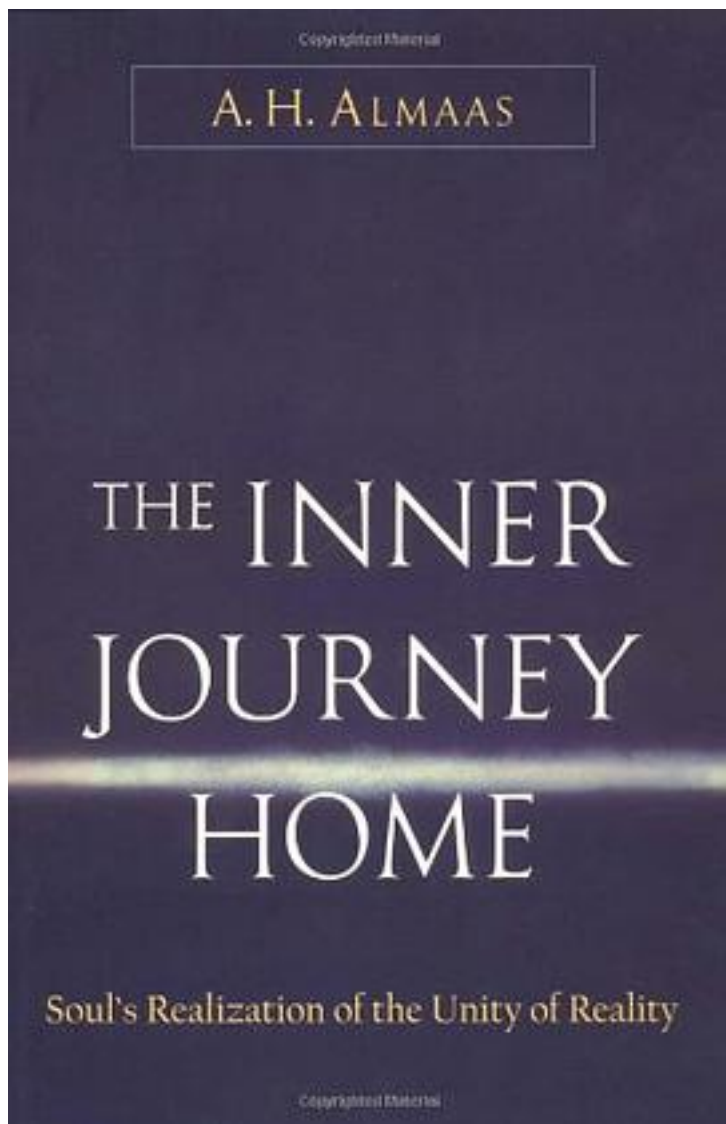


Inner Journey Home



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What is the soul, and how do we come to know it? What is its journey in life, and what stages and obstacles are encountered along the way? These questions are explored here in detail according to the Diamond Approach, a spiritual path that combines systematic inquiry into personal experience, the practice of traditional spiritual methods, and the application of modern psychological research. The Inner Journey Home is the centerpiece of the Diamond Approach literature, providing a complete overview of the teaching with references to the author's other books for more details on certain topics.

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标签

A.H.Almaas

评论

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书评

读过很多哲学名著都不及A.H.Almaas的万分之一，那些自大的哲学家们也只有在他面前望尘莫及了。作者自身作为少有的开悟的智者，其悟境已实属罕见，不是一般有灵性之人所能及，再加上他没有宗教背景已经深厚的科学背景，把深度心理学和内在探索紧密的结合起来，其贡献可谓殊胜。...

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