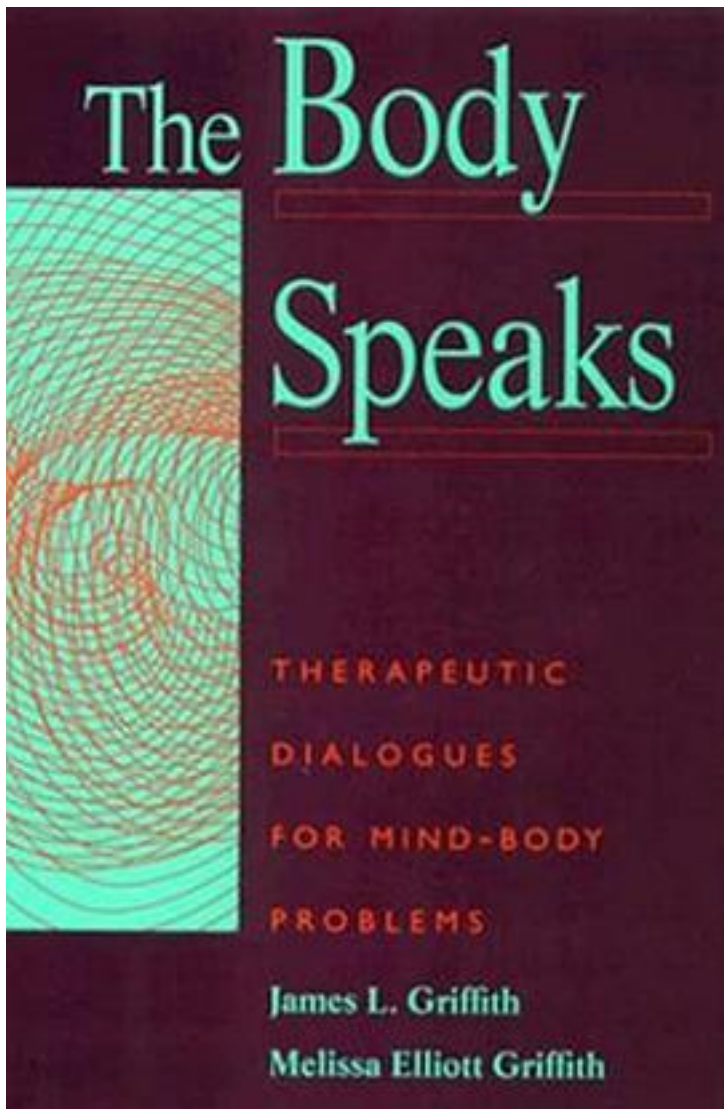


The Body Speaks



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著者:Lorna Marshall

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Lorna Marshall's revolutionary new book, "The Body Speaks," is a fundamental rethinking of our relationship to the body and its role in performance. Seventy percent of everyday conversation is conveyed through body language. Lorna Marshall shows us how to recognize and lose unwanted physical inhibitions that we've learned throughout life. Good performers--no matter whether they're trapeze artists or Shakespearean actors--are able to fully reach their audience and engage with them because they have learned to use their bodies to their best effect. Marshall encourages actors in training as well as those already working on the stage to unleash our potential and express ourselves more clearly in a book destined to become a standard volume on any working or training actor's bookshelf.

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