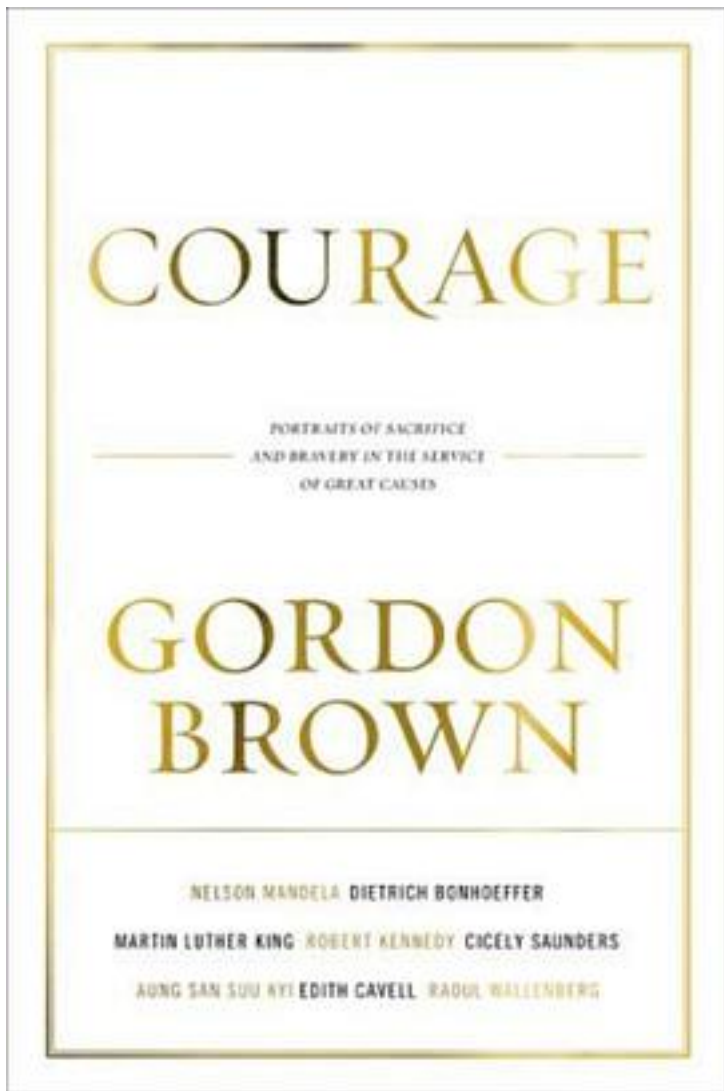


Courage



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著者:Osho

出版者:St. Martin's Griffin

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Courage is not the absence of fear, says Osho - it is rather the total presence of fear with the courage to face it. Osho proposes that whenever we are faced with uncertainty and change in our lives, it is a cause for celebration, and instead of hanging on to the familiar, we should accept these opportunities for adventure.

作者介绍:

Osho is one of the best-known and most provocative spiritual teachers of the twentieth century. Beginning in the 1970s he captured the attention of young people from the West who wanted to experience meditation and transformation. More than a decade after his death in 1990, the influence of his teachings continues to expand, reaching seekers of all ages in virtually every country of the world.

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书评

作者osho所提的"一切隨心就是最大的喜樂",相信是假定人性本善而說. 我卻認為, 若所有人都不管束自己的心, 任性而行, 生出來的, 可能是自己或為身邊的人帶來痛苦. 因此, 書中所言, 大部份不能苟同.

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