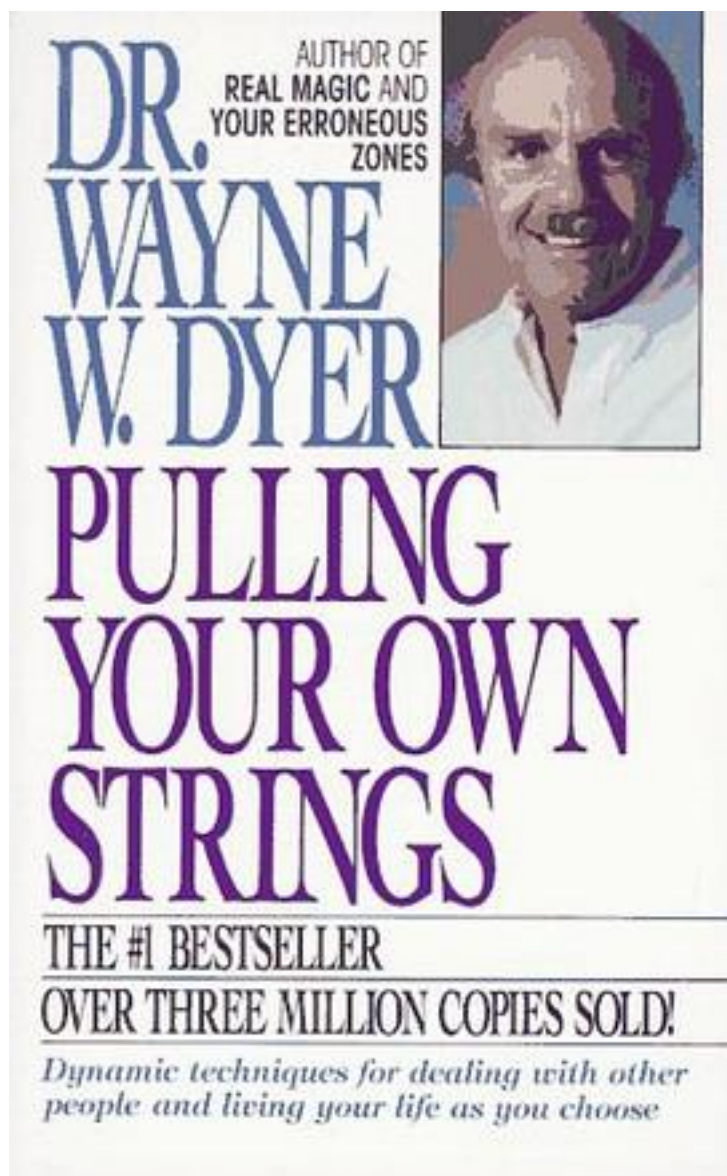


Pulling Your Own Strings



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著者:Wayne W. Dyer

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Dr. Wayne W. Dyer reveals how we all can prevent ourselves from being victimized by others and begin to operate from a position of power at the center of our own lives. Asserting that we alone are responsible for how much we will be controlled by others, Dyer offers his practical plan for developing new attitudes toward the most common sources of victimization and manipulation, such as family members and authority figures in the workplace. For example, families can be tremendously coercive and demanding, but they can also be an immensely rewarding part of your life. Dyer shows how to cope with the negative side and contribute to the positive. Also, in their working life many people stay in unfulfilling jobs because they feel constrained by their present experience or because they fear change. Dyer shows that by being enthusiastic and flexible, you can find the work that makes you happy. In this modern-day classic, Dyer shows you how to stop being the victim in all aspects of everyday life and to take charge of your destiny.

作者介绍:

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标签

心理学

心理

枕边书

想读

狂想读

完

励志

修养

评论

這本書詭異的地方是暗示預設了victimization的定義。事實上victimize與否，取決於個人的價值觀，不能一概而論，比如中國人有吃虧是福或塞翁失馬之類的古訓，在某種程度上可說是更深一層的洞見。本書的大前提是美國式的個人自由至上，很多招數在亞洲人的社會不管用。

life changing

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书评

买来英文版看了，刚开始看，很多人都有被有意无意被人被环境控制吧，也可以说是洗脑，操纵。亚马逊上评论很好。为什么这本书不出中文版呢？英文版也没有电子版。评论还不能太短呀 虽然都是英文，不过还算比较好理解。大概吧美元多。算邮费一百多

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