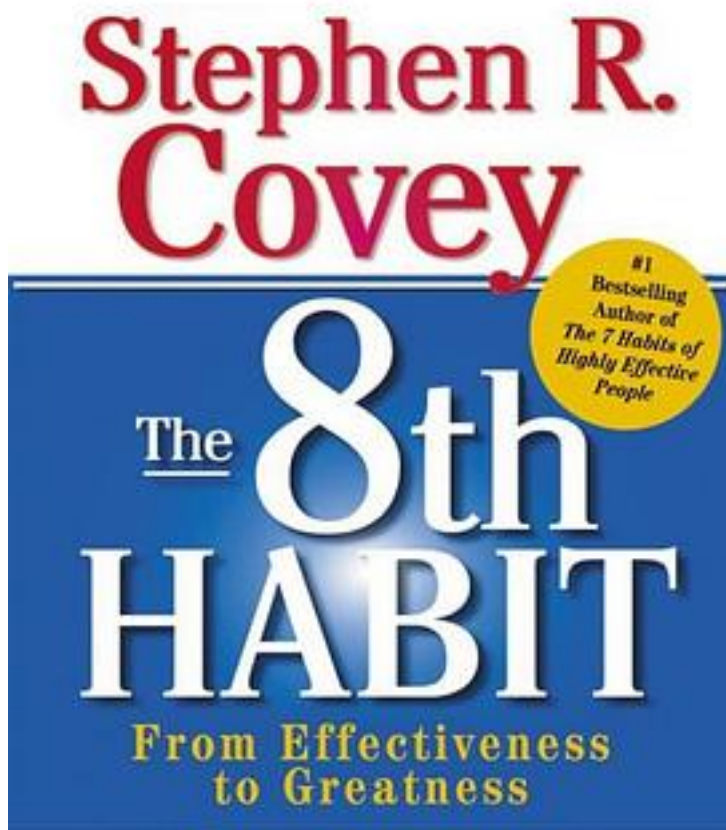


# The 8th Habit



[The 8th Habit 下载链接1](#)

著者:Stephen R. Covey

出版者:Free Press

出版时间:2004-11-1

装帧:Hardcover

isbn:9780684846651

In the more than fifteen years since its publication, the classic *The 7 Habits of Highly Effective People* has become an international phenomenon with over fifteen million copies sold. Tens of millions of people in business, government, schools, and families, and, most important, as individuals have dramatically improved their lives and organisations by applying the principles of Stephen R. Covey's classic book. The world,

though, is a vastly changed place. The challenges and complexity we all face in our relationships, families, professional lives, and communities are of an entirely new order of magnitude. Being effective as individuals and organisations is no longer merely an option survival in today's world requires it. But in order to thrive, innovate, excel, and lead in what Covey calls the New Knowledge Worker Age, we must build on and move beyond effectiveness. The call of this new era in human history is for greatness; it's for fulfillment, passionate execution, and significant contribution. Accessing the higher levels of human genius and motivation in today's new reality requires a sea change in thinking: a new mind-set, a new skill-set, a new tool-set in short, a whole new habit. The crucial challenge of our world today is this: to find our voice and inspire others to find theirs. It is what Covey calls the 8th Habit . So many people feel frustrated, discouraged, unappreciated, and undervalued with little or no sense of voice or unique contribution. The 8th Habit is the answer to the soul's yearning for greatness, the organisation's imperative for significance and superior results, and humanity's search for its voice. Profound, compelling, and stunningly timely, this groundbreaking new book of next-level thinking gives a clear way to finally tap the limitless value-creation promise of the Knowledge Worker Age. The 8th Habit shows how to solve such common dilemmas as People want peace of mind and good relationships, but also want to keep their lifestyle and habits. Relationships are built on trust, but most people think more in terms of me my wants, my needs, my rights. Management wants more for less; employees want more of what's in it for me for less time and effort. Businesses are run by the economic rules of the marketplace; organisations are run by the cultural rules of the workplace. Society operates by its dominant social values, but must live with the consequences of the inviolable operation of natural laws and principles. Covey's new book will transform the way we think about ourselves and our purpose in life, about our organisations, and about humankind. Just as The 7 Habits of Highly Effective People helped us focus on effectiveness, The 8th Habit shows us the way to greatness.

作者介绍:

史蒂芬·柯维，国际知名领导学权威、家庭问题专家、教师、作家、组织顾问，富兰克林柯维公司两创建人之一和副董事长。他和妻子及家人居住在犹他州的落基山脉。

目录:

[The 8th Habit\\_下载链接1](#)

标签

第八种习惯

时间管理

self-help

life

GTD

评论

-----  
[The 8th Habit\\_ 下载链接1](#)

书评

当一口气读完这本书后，我坚定的将这本书归类到此生一定要读的书豆列中。  
有冲动将这本书推荐给朋友们看，不过我建议的阅读顺序至少要先读完《高效能人士的7个习惯》，如果基础较弱和实践较少，最好再继续读完《要事第一》；读完七个习惯要有一段时间的实践期（至少三个月）， ...

-----  
我很喜欢七个习惯，但是对这第八个习惯不仅仅是喜欢了，我相信，这是我们走向成熟人生的“少有人走的路”。 0.  
第八个习惯是找到你自己的心声并激励他人去寻找他们的心声。 1.  
心声是个人的独特重要本质——当我们面对巨大挑战时会表现这种重要本质，也正是这种本质使我们得...

-----  
内容：★★★★★ 翻译：★★★★☆ 排印：★★★★☆☆ 装帧：★★★★☆☆  
第八个习惯不用专门去培养，只要做到了前七个习惯，第八个习惯自然就会出现。  
《三略》中说：“夫三皇无言，化流四海，故天下无所归功。”三皇并没有刻意去做什么，但是他们教化流播四海。三皇对道德没...

-----  
Componets of Physical Intelligrnce (PQ) 1.Wise Nutrition; 2.Consistent Blanced Exercise; 3.Proper Rest, Relaxation, and Stress Management, and Prevention Thinking; Aligning Discipline & Structure. Componets of Mental Intelligr...

-----  
这本书我还没看完，但却觉得是我近年看的同类书里最出色、也最有效的一本。先写些初步的心得和启示，其实比较像读书笔记啦。相信很多人也跟我有同样的经历：我们觉得别人都那么开心、那么轻松、那么大条，受苦受累的就是我们自己。我们吃力不讨好，也不被人理解。为什么我...

-----  
推荐阅读人群：  
1.职场中、高层人士。具有管理经验，寻求更多的自我认知和卓越追求。  
2.公司老板、企业家。当盈利不再是公司一把手终日奔波思考的事情，开始思考以人为  
本的企业内部建设 3.对于初入职场者，更推荐《高效能人士的七个习惯》 推荐星级：  
作者写作背景：科学的进...

-----  
读完了前言和第一章，跟之前读 The 7 Habits for Highly Effective People受到的震撼是一样。Stephen Convey非常善于总结人生的经验，回归到本质，抓到核心的共通的一些问题和解决方案。经典之作，值得细心研读和学习。 前言  
前言部分指出本书行文的逻辑和框架。作者遵循了找到...

-----  
1 大方向是对的。论点是对的。 Find your voice and inspire others to find their voice. Leadership是种精神，这个变成habit大概有点“装”。 2 论证逻辑有问题。 Body - Mind - Heart - Spirit => How we separate Mind & Spirit?!  
还是我受马斯洛和弗洛伊德的理论影...

-----

-----

如果想知道自己有多愚蠢，那就来读一读《影响力》这本书吧！如果说读完第二章的我内心是无语的话，那读到第三章的我内心是崩溃的，因为我曾经不断的犯了心理学上的错误，还不自知，要不就是被别人的心理战术给利用了，真正的大开眼界啊！由此可见，心理学是一门多么有趣的课题...

-----

-----

成功学的书看过不少，受到的启迪也挺多。记录时间、金钱和精力的流向情况，根据自己既定的目标进行反馈和调整。第一，在于记录，第二，在于执行力，第三，在于持续力。否则陆陆续续灌鸡汤总归徒劳。成功学无魔力，无需看太多。归根到底，根据个人情况行动调整和归纳。这其中...

- 
- 1、人的求知有一扇“自内开启的改变之门”，除非自己敞开心灵，抛弃旧有观念，否则没人能够为你开门；
  - 2、卓越不是单一的举动，而是习惯。——亚里斯多德
  - 3、人生有三种价值：经验价值；创造价值；态度价值。
  - 4、爱是动词，不是感受。（不要说没有爱...

-----

迄今，人类历史经历了:狩猎采集时代→农业时代→工业时代→知识时代，以及即将来临或已经来临的智慧时代。  
狩猎采集时代的象征是弓和箭；农业时代的象征是农具；工业时代的象征是工厂；知识时代的象征是人；智慧时代的象征是罗盘——它象征着我们选择方向和目标以及遵守自然法...

-----

听书名，我还以为是不良书商做的伪书。直到亲见本书，我才相信确实是作者的新作。《高效能人士的七个习惯》已经算是本畅销书了，而这“第八个习惯”似乎有些多余。大谈“领导”、“组织”，离我好远。有网站与本书配套，但问题是看得懂网站的人，为什么不买原版呢？另外，书后...

-----

[The 8th Habit\\_下载链接1](#)