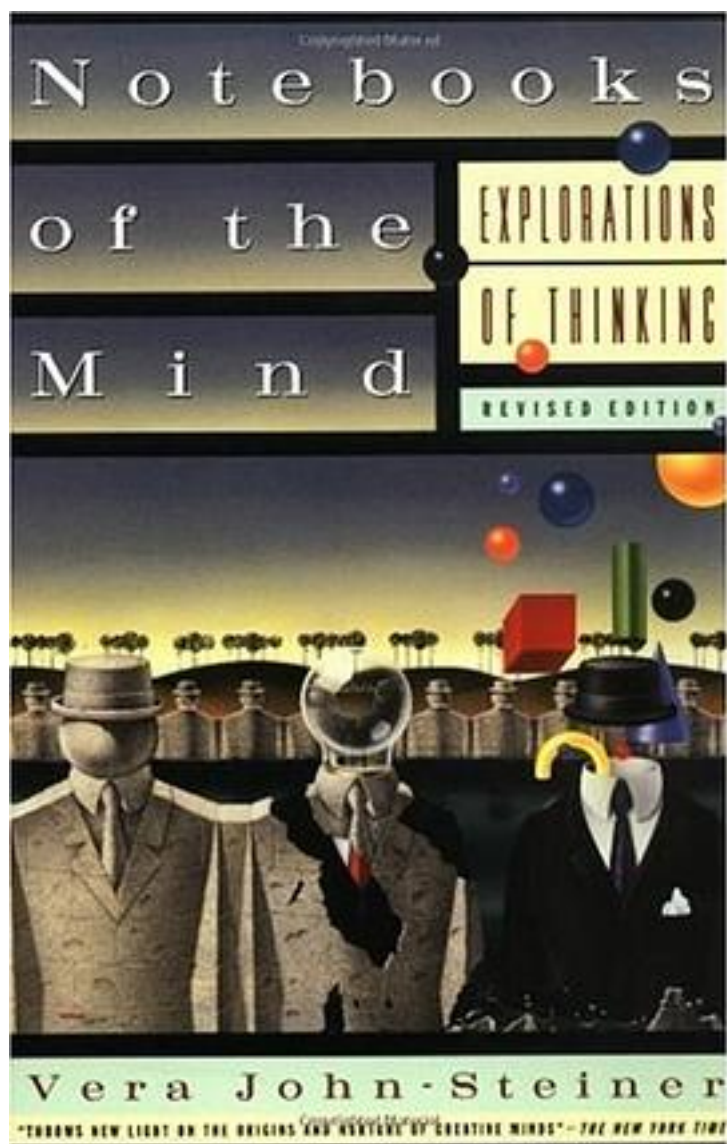


# Notebooks of the Mind



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著者:Vera John-Steiner

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How do creative people think? Do great works of the imagination originate in words or in images? Is there a rational explanation for the sudden appearance of geniuses like Mozart or Einstein? Such questions have fascinated people for centuries; only in recent years, however, has cognitive psychology been able to provide some clues to the mysterious process of creativity. In this revised edition of *Notebooks of the Mind*, Vera John-Steiner combines imaginative insight with scientific precision to produce a startling account of the human mind working at its highest potential. To approach her subject John-Steiner goes directly to the source, assembling the thoughts of "experienced thinkers"--artists, philosophers, writers, and scientists able to reflect on their own imaginative patterns. More than fifty interviews (with figures ranging from Jessica Mitford to Aaron Copland), along with excerpts from the diaries, letters, and autobiographies of such gifted giants as Leo Tolstoy, Marie Curie, and Diego Rivera, among others, provide illuminating insights into creative activity. We read, for example, of Darwin's preoccupation with the image of nature as a branched tree while working on his concept of evolution. Mozart testifies to the vital influence on his mature art of the wondrous "bag of memories" he retained from childhood. Anais Nin describes her sense of words as oppressive, explaining how imagistic free association freed her as a writer. Adding these personal accounts to laboratory studies of thought process, John-Steiner takes a refreshingly holistic approach to the question of creativity. What emerges is an intriguing demonstration of how specific socio-cultural circumstances interact with certain personality traits to encourage the creative mind. Among the topics examined here are the importance of childhood mentor figures; the lengthy apprenticeship of the talented person; and the development of self-expression through highly individualistic languages, whether in images, movement or inner speech. Now, with a new introduction, this award-winning book provides an uniquely broad-based study of the origins, development and fruits of human inspiration.

作者介绍:

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标签

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HowToDoResearch

## 评论

作者通过各种科学家的习惯故事阐述人类通过图像，语言，口述等思考方法处理大量信息而获得科学思考。

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读到后面，在下实在读不下去了。全都是一句话…三行那么长的复合从句还那么抽象，每句话单独看都可以…案例又多，举的人还都不认识。Notebooks再见…下次再续

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作为一本科学专著，它不合格。最差的一点是它使用的语言非常含糊。很多情况下根本搞不清楚作者要表达的那种概念。

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## 书评

力荐！梳理思维程序真的很有意义，避免盲从或者乱跳，当然也有高手能很轻易地解决这些副作用，但我觉得对于大多数人来说这本书看了还是有很大的启发意义的。从认知

心理的角度来解释人的思维是合情合理的，起码能够暗暗契合很多人的内心真实想法，但是有些东西我们接触多了就觉...

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