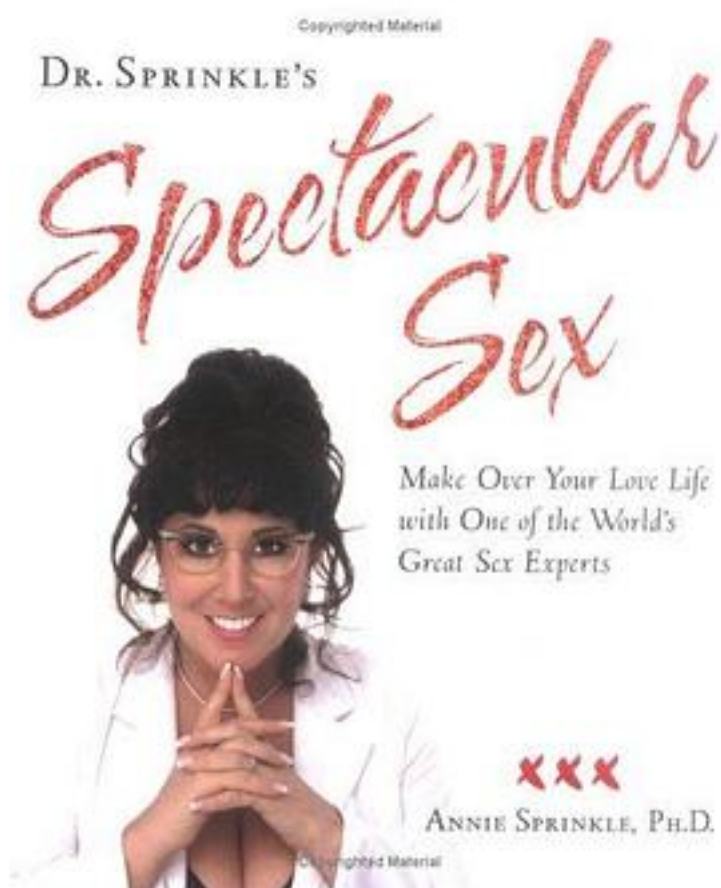


# Dr. Sprinkle's Spectacular Sex



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From the much-beloved former porn star and performance-artist-turned-sex-life-coach. . . a guide to enriching your life with more satisfying and joyful sex.

Annie Sprinkle has done it all. From porn star to stripper to performance artist to sex-life coach, she has confronted (and experimented with) just about everything sex-related under the sun. In Dr. Sprinkle's Spectacular Sex, she shares with readers a powerful program for improving the overall quality of your life through better understanding and embracing one of the most powerful sources of happiness in our lives: sex.

In Dr. Sprinkle's Spectacular Sex, Annie Sprinkle provides encouragement and inspiration for anyone who longs for greater intimacy, excitement, and pleasure. Drawing on her thirty years as a fearless and passionate explorer of sexuality, as well as her experience as a sex-life coach of thousands of people around the world, she invites readers to make a virtual visit to "Dr. Sprinkle's Sex-Life Makeover Spa," where they will undertake a fourteen-step program that begins with "Makeover Your Mind" and ends with "Bask in the Afterglow." This book is the ultimate guide to great sex from one of the best authorities on the subject.

作者介绍:

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