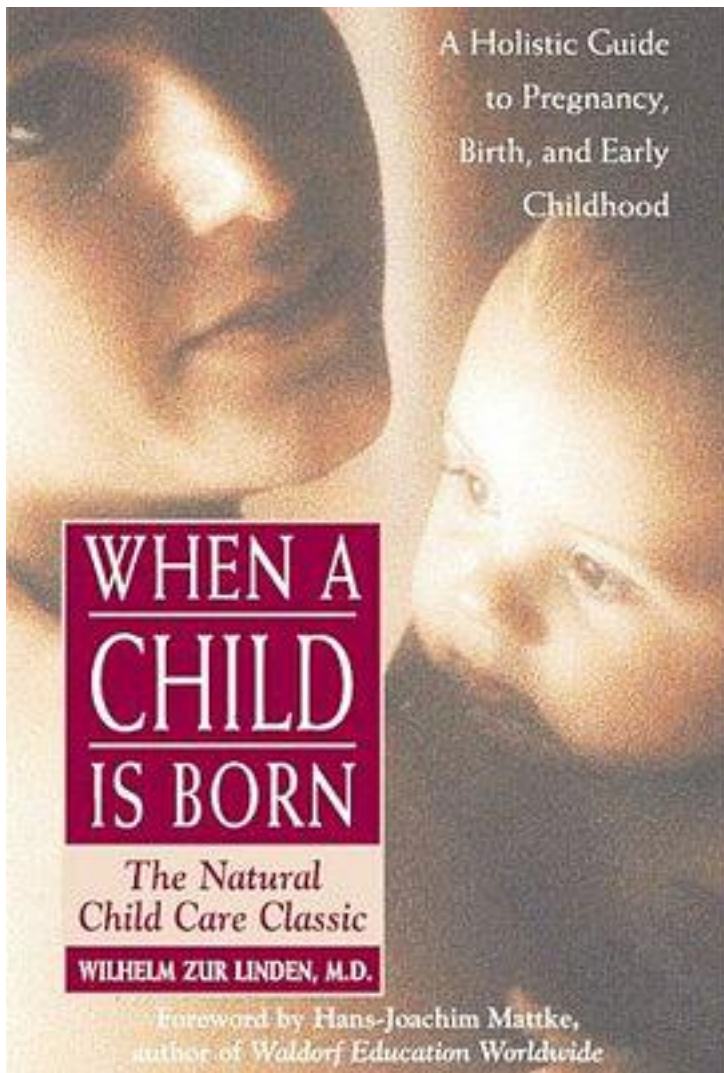


When a Child Is Born



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著者:Wilhelm zur Linden

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The classic guide to physical, mental, and spiritual health for mother and baby during pregnancy and childrearing<p />

 • A book that helped begin the natural childcare revolution</p>

 • Discusses every aspect of pregnancy and nurturing, including recommended diet and health habits for the expectant mother, common ailments during pregnancy, and preparing older siblings to have a new family member</p>

 • Takes women step-by-step through the birth and nursing processes and provides advice for treating common childhood ailments and for instilling good habits in toddlers</p>

Written at a time when breast-feeding was discouraged and antibiotics were indiscriminately prescribed, When a Child Is Born helped begin the natural childcare revolution. Based on Rudolph Steiner's work, stressing that a child comes into the world with an intact soul as well as body, When a Child Is Born provides the spiritual link missing from most current books on childcare. It discusses every aspect of pregnancy and nurturing, providing all the information needed to physically and psychologically prepare for the baby's arrival. Women are taken step-by-step through the birth and nursing processes, and later chapters provide advice for naturally treating every common childhood ailment and for instilling good habits in toddlers that will lead to a lifetime of physical, mental, and spiritual health. As useful today as when it was first written, parents will find Dr. zur Linden's practical advice and uplifting message a constant source of support. </p>

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目录:

[When a Child Is Born_下载链接1_](#)

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