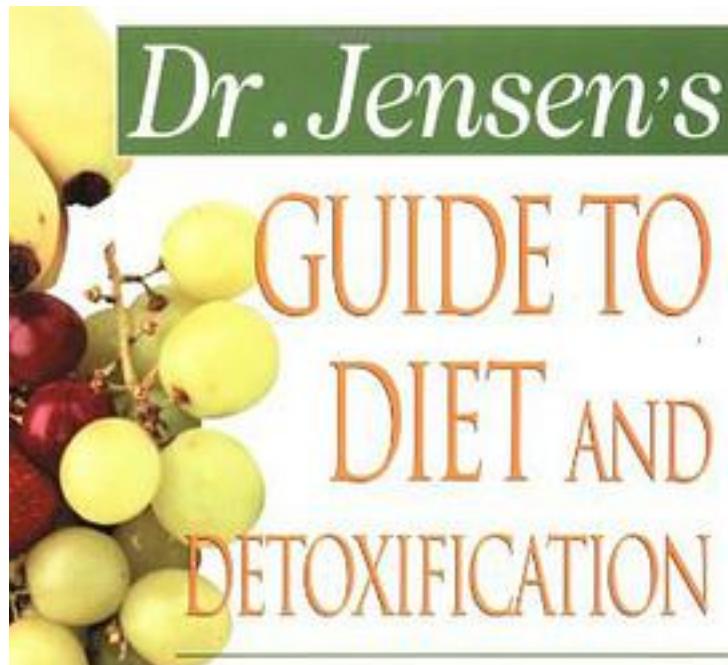


# Dr. Jensen's Guide to Diet and Detoxification



*Features information on:*

- *Dr. Jensen's eleven-day detoxification regime*
- *How disorders of the colon affect other organs in the body*
- *Using diet to overcome a chronic disease*

*Dr. Bernard Jensen*

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One of Dr. Jensen's most important works, this doctor-patient handbook shows readers how they can conquer chronic diseases with his eleven-day detoxification regime. Also featured is an explanation of the connection between the colon and other organs and a comprehensive diet and exercise plan.

作者介绍:

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