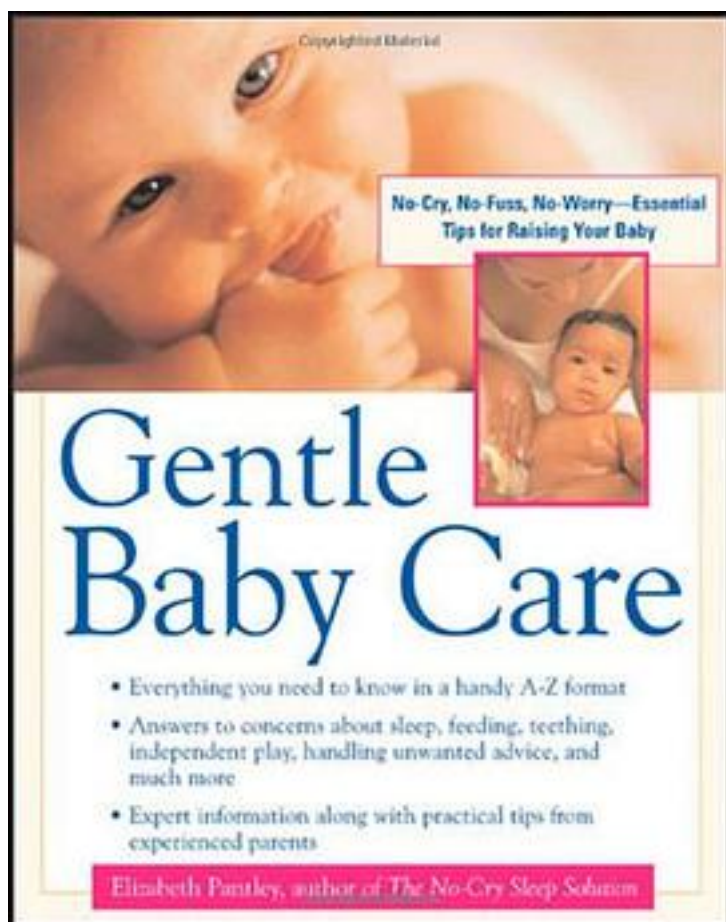


Gentle Baby Care



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From the bestselling author of "The No-Cry Sleep Solution" - everything parents need to know during their baby's first year. "Gentle Baby Care" provides immediate answers to the daily questions that arise when caring for a baby. Written by bestselling author and parenting expert Elizabeth Pantley, this valuable guide includes information and

practical tips to allow readers to choose the gentle, loving solutions that best suit their parenting style and their baby. "Gentle Baby Care" provides more than 1,000 practical tips and solutions to the everyday issues that arise during a child's first year, including: colic, teething, colds, sleep, diaper, rash, independent play, traveling with baby, and developmental milestones. 'As a new mother, there were many times when I wished my babies came with an instruction manual. Now they do - in the form of Elizabeth Pantley's "Gentle Baby Care", the best 'baby instruction manual' I've read. Elizabeth guides the new parent through the ups and downs of baby parenthood with her usual nonjudgmental gentleness and warmth. Its easy-to-read format is great for those emergencies when you need information in a hurry. I'll be recommending this book to all of our new parents' - Maribeth Doerr, Editor-in-Chief, StorkNet.com. 'A trusted handbook for parents. It offers practical, well researched advice on health, safety and developmental issues as well as lots of gentle support and guidance for parents on the many choices they must make during the first year with a new baby' - Joan K. Comeau, PhD, Director & Editor, Family Information Services. 'Elizabeth Pantley has done it again...provide parents with a valuable tool to help overcome the challenges that accompany the joys of being a mom or dad. "Gentle Baby Care" puts everything a parent needs to know at their fingertips in an easy to use reference system. The book is organized in a way that takes you to the answers you need and refers you to additional topics related to the subject, eliminating the need for busy parents to flip back and forth from index to chapters. Every mother should have two copies of "Gentle Baby Care" - one for herself and one for her caregiver, mother-in-law or spouse' - Maria Bailey, CEO, BSM Media, Founder, BlueSuitMom.com, Smart Mom Solutions, and Host of "Mom Talk Radio". 'An encyclopedia of childrearing advice and information with practical tips on crying, sleep, discipline, baby milestones and much, much more. Elizabeth's soothing advice will help both new and seasoned parents relate to the newest member of the household!' - Betsy Gartrell-Judd, Editor, "Pregnancy and Baby.com". 'At last, the perfect resource guide for new parents. "Gentle Baby Care" is informative, easy to follow, and well organized. Parenting expert Elizabeth Pantley has gathered a wealth of information and valuable resources' - Lori Lee Helman, mother of two and owner of Mommas Baby (mommasbaby.com). "Gentle Baby Care" is an impressive resource guide for every parent new and old! It contains in-depth information that covers baby-care basics plus unique yet equally important topics, such as handling overzealous grandparents, dealing with your baby's crying in a car seat, and keeping your baby quiet during worship services. The added tips from experienced parents are great-tried-and-true ideas from the trenches! Spread the word about this helpful and supportive new resource manual that will benefit every parent and caregiver' - Andrea Grace, president, Mommy and Baby Fitness, Inc.' The first year of life is filled with worry for many parents, and Elizabeth Pantley offers expert advice for them in a nonjudgmental and, most important, supportive way. This book's format also enables a new parent to quickly access vital childrearing information in their most anxious times. I highly recommend this book to new parents, and am envious that I did not have my hands on a copy during my son's first year' - Gloria Perez-Walker, Founder, Latina Mami.

作者介绍:

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