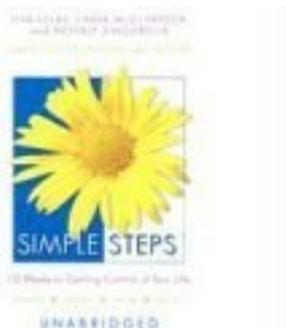


Simple Steps



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"If you can take one simple idea and live with it to the heights and to the depths, the quality of your life will dramatically improve." So says Dr. Arthur Caliendo, beloved successor to Norman Vincent Peale as senior minister of Marble Collegiate Church in New York City and spiritual advisor to millions on radio and television every week. Dr. Caliendo guarantees that your life will become not ordinary, but extraordinary in your eyes and the eyes of others if you follow the simple guidance he offers in this uplifting and spiritually fulfilling new book. Simple Steps is a joyful, down-to-earth guide to living the life you want, with abundance and less stress. Through his own inspiring stories and those of others, Dr. Caliendo shares his powerful, upbeat message - that by doing just one or two simple but significant things a day, you can improve your life and the lives of others. Simple Steps outlines the things you can do now to start changing your life. Dr. Caliendo shows us that words like "discipline," "forgiveness," and "leadership" can be shaped into living, breathing parts of ourselves. And that by practicing what these words really mean, we can transform our lives into extraordinary ones that meet our expectations both spiritually and emotionally. Here you will meet some "ordinary" people, made extraordinary by having taken simple steps: The toll taker who transforms thousands of lives a day; the Holocaust survivor, who made the decision to be happy after she lost everyone she loved; and Dr. Caliendo himself, who describes with remarkable frankness his life-threatening illness and courageous determination to become well.

作者介绍:

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