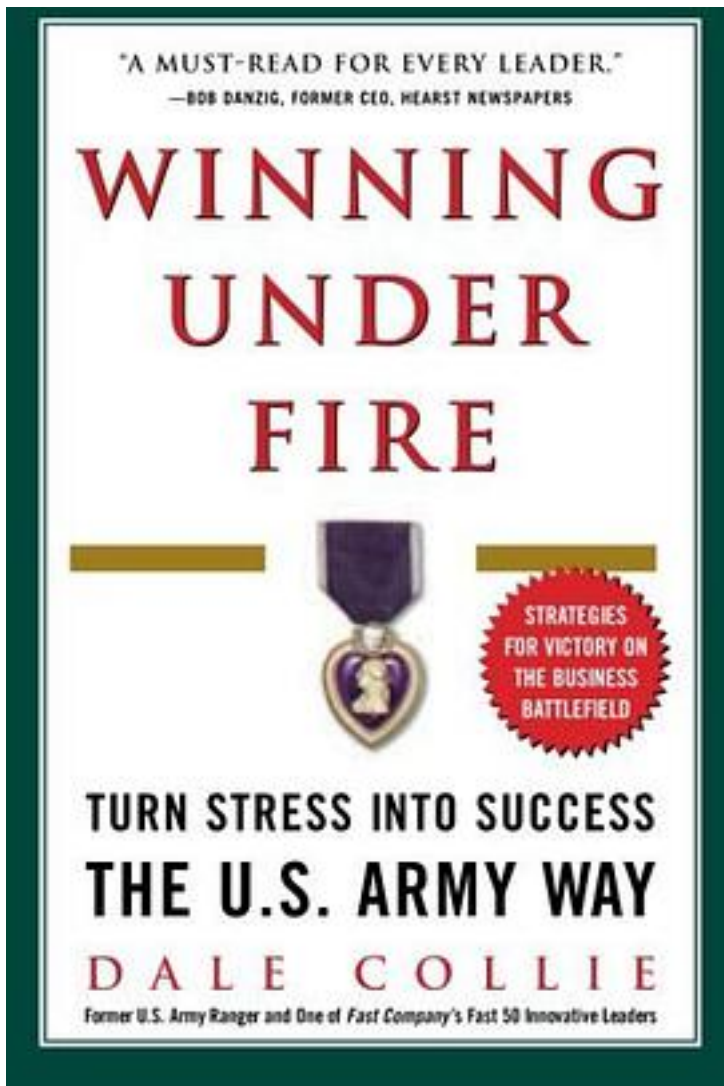# Winning Under Fire

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For the United States Army, grace under fire isn't an ideal--it's standard operating procedure. In Winning Under Fire, you'll discover Army techniques for managing stress in the heat of battle, and you'll learn how to put them to work in your own organization. Winning Under Fire was written by a combat-experienced Army major who served in Europe and Vietnam, held leadership positions at two Fortune 500 companies, and ran successful businesses of his own. Drawing upon his own experiences and those of top military leaders--as well as the latest stress management research--Major Collie combines military know-how and business savvy to show you how to: * Channel stress into positive energy for achieving goals* Know the sources of organizational stress* Detect and eliminate stress fractures* Stay resilient under all conditions* Build teams that work under any extremes* Prepare a game plan to get you and your team through every battle* Be a great leader in times of great duress

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