

# The Thyroid Sourcebook for Women



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出版者:McGraw-Hill

出版时间:2005-1

装帧:Pap

isbn:9780071441612

The Thyroid Sourcebook for Women is an indispensable resource for the one in eight American women who suffers from chronic thyroid disorders. This new edition features the latest research on thyroid disorders, including hypothyroidism, hyperthyroidism, and thyroid cancer, and their effect on women's health and lives. It explores the advantages and disadvantages of the latest medications and treatments, while addressing critical concerns for women such as fertility, pregnancy, postpartum thyroid disorder, menopause, depression, and weight gain. It also offers candid appraisals of major alternative therapies.

作者介绍:

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