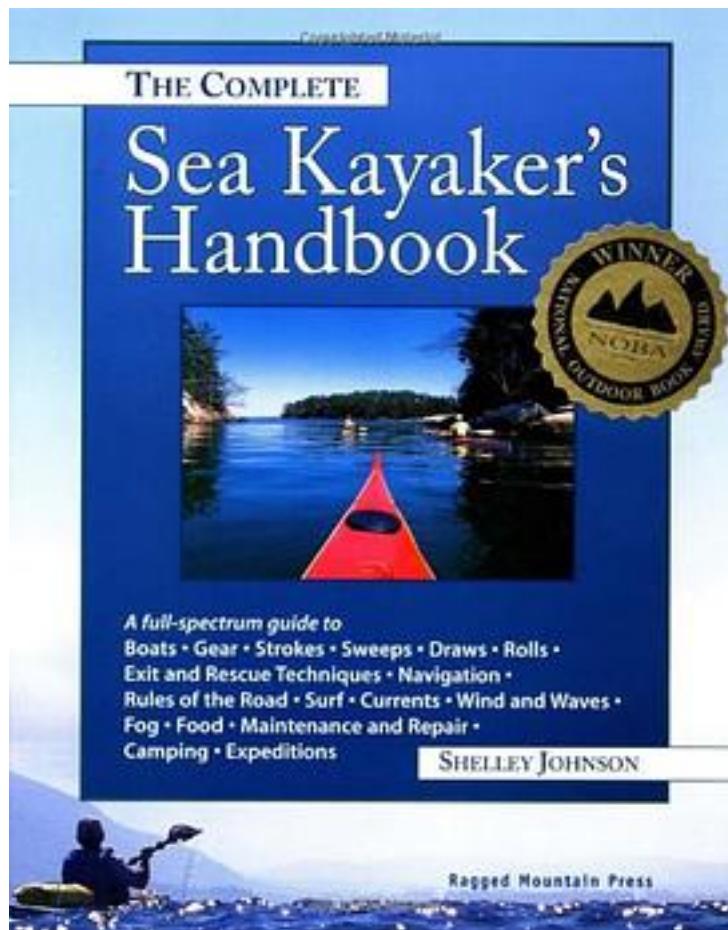


The Complete Sea Kayaker's Handbook



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著者:Johnson, Shelley

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Wherever you want your kayak to take you, "The Complete Sea Kayaker's Handbook" will get you there. What makes this book good is its comprehensiveness, what makes it great is Shelley Johnson's passion for the sport and her ability to share that passion,

honed by twelve years of guiding trips and teaching courses throughout the United States and Canada. Shelley's practical advice and clear explanations ring true because she knows they work - she and her students have tested them all for you. Now you can benefit from her hard-won and time-tested experiences, and learn everything from basic paddling strokes and rolling techniques to advanced navigation and trip logistics. "Shelley's approach to sea kayaking is thorough and erudite. It provides an excellent introduction for neophytes as well as abundant reminders for experienced paddlers." - John Dowd, author, "Sea Kayaking: A Manual for Long-Distance Touring". "Shelley's straightforward book will be one of your most important items of kayaking gear." - Lee Moyer, founder and designer, Pacific Water Sports, author, "Sea Kayak Navigation Simplified". "Everything you need to know to get started in sea kayaking is here in Shelley Johnson's new book, from choosing a boat to developing the paddling skills you need, to making field repairs and planning your dream trip, all told in Shelley's knowledgeable and conversational style." - Robin Stanton, managing editor, "Canoe & Kayak".

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