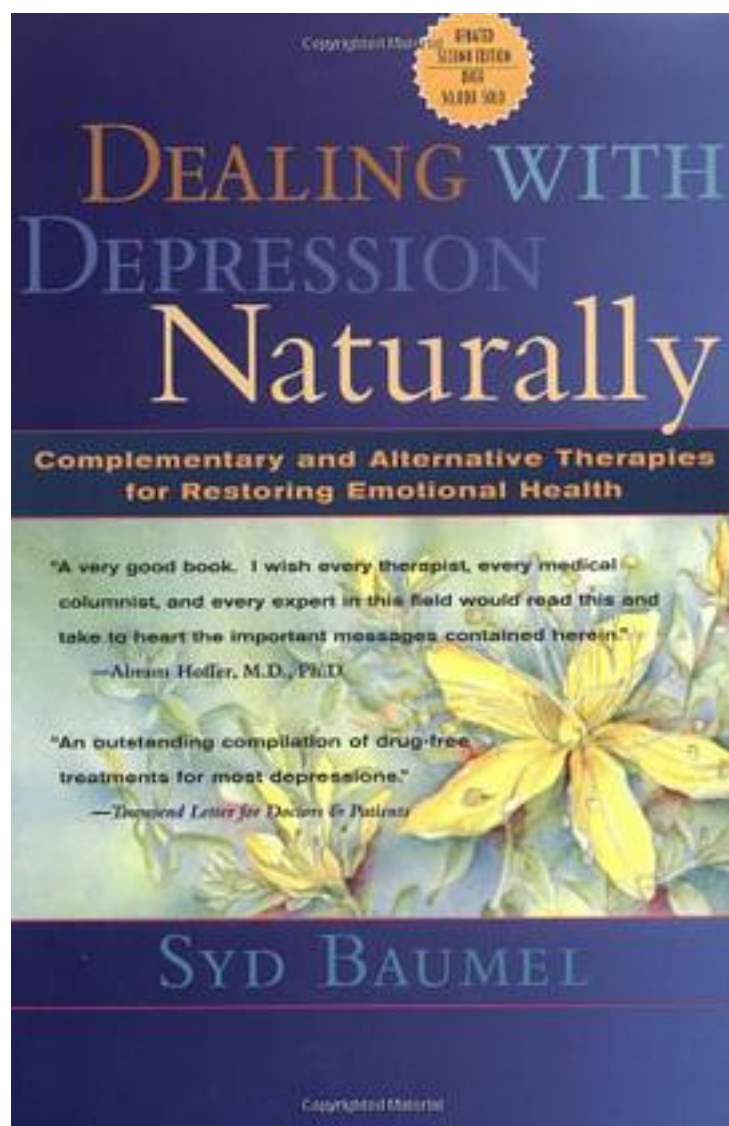


Dealing with Depression Naturally



[Dealing with Depression Naturally_ 下载链接1](#)

著者:Baume, Syd

出版者:McGraw-Hill/Contemporary Books

出版时间:2000-4

装帧:Pap

isbn:9780658002915

From the cutting edge of natural antidepressant research, here is new information on St. John's wort, SAMe, bright light therapy, and other proven natural remedies for depression. This fully updated second edition explores emotional health, including mood-enhancing fats and herbal antidepressants.

作者介绍:

目录:

[Dealing with Depression Naturally_ 下载链接1](#)

标签

评论

[Dealing with Depression Naturally_ 下载链接1](#)

书评

[Dealing with Depression Naturally_ 下载链接1](#)