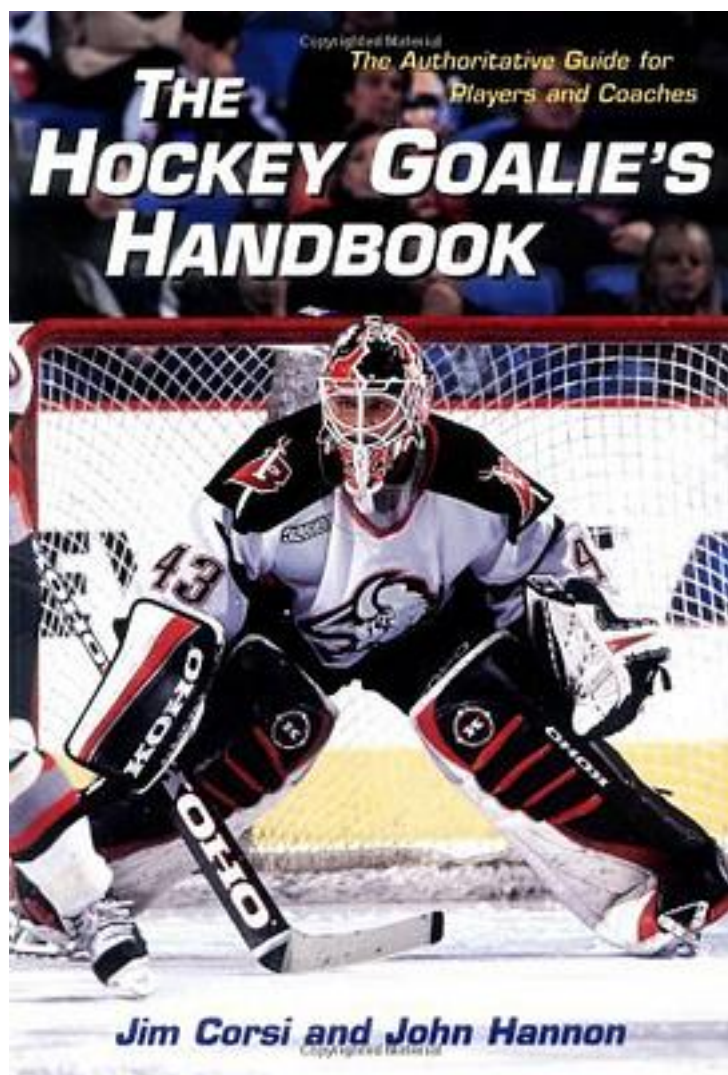


The Hockey Goalie's Handbook



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出版者:McGraw-Hill/Contemporary Books

出版时间:2002-3

装帧:Pap

isbn:9780809297467

Master the Art of Goaltending - with a Top NHL Coach at Your Side. Hockey tradition dictates that "the goaltender is in a team sport, playing alone." But with this comprehensive, cutting-edge guide from top NHL goalie coach Jim Corsi, goalies are now in expert company. From the history and psychology of goaltending to the most recent developments in equipment, techniques, training, and coaching, "The Hockey Goalie's Handbook" covers all facets of the art and science of goaltending as applied to both ice hockey and in-line programs. Drawing from his extensive knowledge of both North American and European approaches to goaltending, as well as his decades of experience at all levels, Corsi shares with you his indispensable toolbox of techniques - including those he's taught to some of the world's best hockey goalies. Designed to instruct and challenge coaches and their players of all ages, from pee-wees to high schoolers and beyond, this definitive, user-friendly handbook covers such essential topics as: equipment basics; off-ice training; on-ice preparation and stretching; skating drills; techniques for saves and puck control; strategies for game situations; game and player awareness; tips for coaching aspiring goaltenders; tips for parents; and, much more to expand your understanding and enjoyment of one of the most demanding, crucial, and rewarding positions in this increasingly popular sport.

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