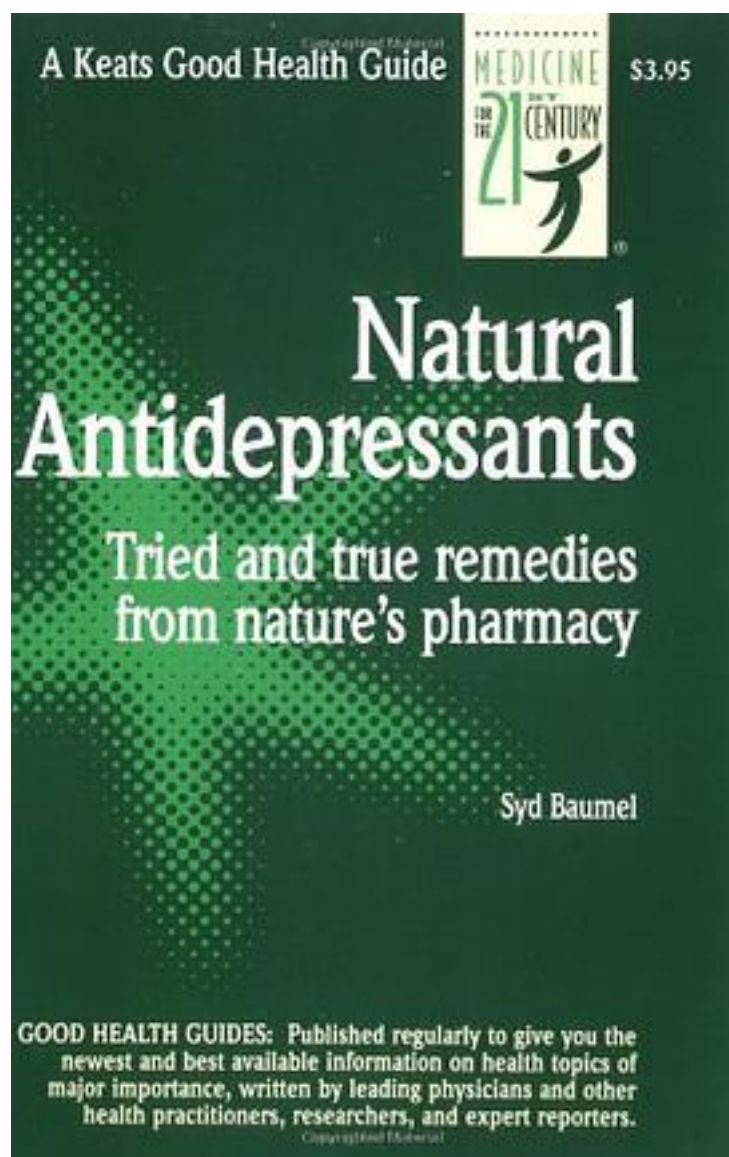


Natural Antidepressants



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出版者:McGraw-Hill

出版时间:1999-1

装帧:Pap

isbn:9780879839000

While Prozac and other powerful prescription drugs are highly touted cures for depression, many people are seeking to avoid their high cost and numerous side effects. St. John's Wort is now making history as an alternative treatment for depression. This guide details how to take it and who should use this herb as well as other natural supplements effective in treating depression.

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