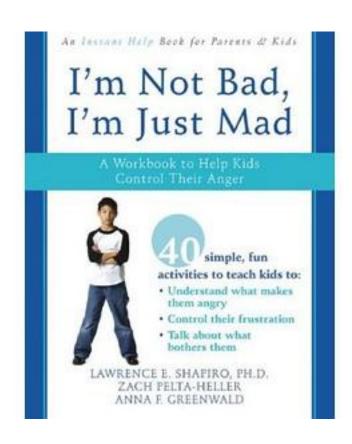
I'm Not Bad, I'm Just Mad A Workbook to Help Kids Control Their Anger



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评论

(2017.30) Good book with a very reasonable price, covering a range of factors contributing to anger and various therapeutic techniques. Can be used with Grade 5+ by therapist/parents/teachers. Cons: 1). Most children and adolescents do not respond well to worksheets and written tasks. Simply too boring. 2). Too much to cover without a paced plan.

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书评

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