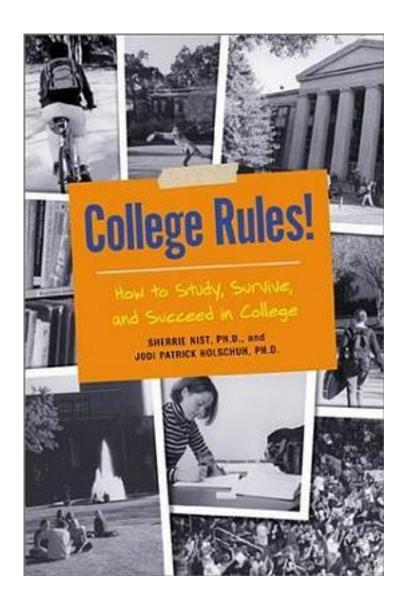
College Rules!



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A mini-fridge, a debit card, and a copy of COLLEGE RULES!: the essentials of any successful college experience. Teachers, counselors, family, and friends spend endless hours helping students get into college, but few can prepare them for what to do once they're there. Lesson #1: College is different from high school, and even seniors graduating at the top of their class will benefit from practical advice on how to make a successful transition to college. COLLEGE RULES! is professors Sherrie Nist and Jodi Patrick Holschuh's crash course on college success. It thoroughly and humorously covers all the bases of maximizing the college experience, including studying smarter not harder; handling stress; staying motivated; preparing for and taking exams; and of course, balancing work and play.

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