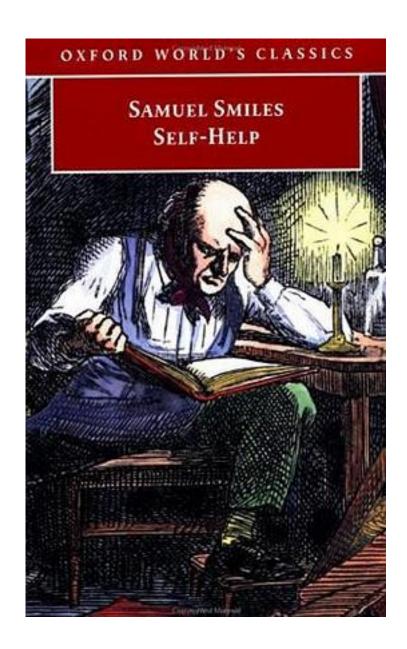
## Self-Help (Oxford World's Classics)



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著者:Samuel Smiles

出版者:Oxford University Press, USA

出版时间:2002-11-28

装帧:Paperback

isbn:9780192801760

A bestseller immediately after its publication in 1859, Self-Help propelled its author to fame and rapidly became one of Victorian Britain's most important statements on the allied virtues of hard work, thrift, and perseverance. Interpreted by some as a paean to personal avarice, Smiles's

most celebrated book is in fact a practical and engaging tribute to the working- and lower-middle classes, in whom he identified the capacity for self-improvement and for whom he tirelessly advocated the right of social advancement. Part practical guide, part proverbial testament, part secular

hagiography, this literary hybrid turns biography into an inspirational medium that awakens the reader to their own potential and instills the desire to succeed. Smiles's book is the precursor of today's motivational and self-help literature, although its vision is significantly more cosmopolitan

than that of most books in an ever-expanding genre.
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评论
人生最大难题在于不知道如何活,大部分感知痛苦来源于此。这本类似塔木德形式的书 应该早看,正三观。朝闻道,可能需要一辈子修炼,但是总比迷茫好的多。
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