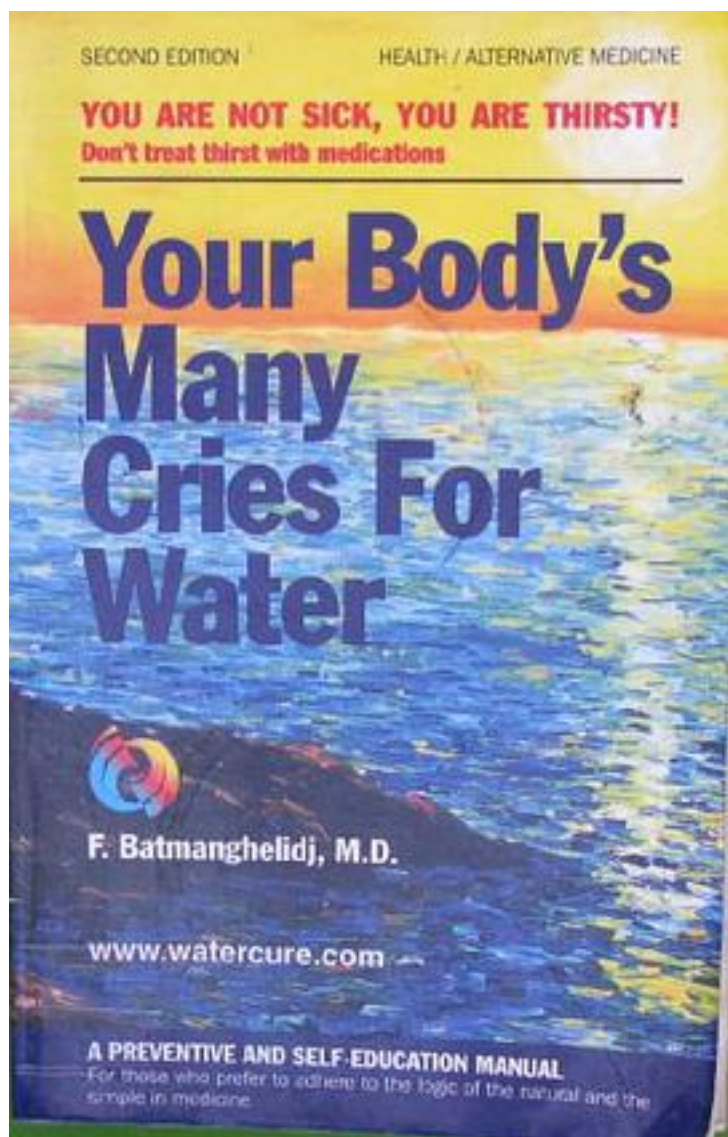


Your Body's Many Cries for Water



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出版者:Global Health Solutions

出版时间:1995-07-01

装帧:Paperback

isbn:9780962994234

For the first time in medical history, F. Batmanghelidj, M.D., has identified the crisis calls of the body for water --pain, asthma, diabetes, hypertension, multiple sclerosis, chronic fatigue syndrome, and more. He has discovered the key to a longer, healthier, and more vigorous life. He shares with you his medical breakthrough that many people put their minds and bodies under intolerable and unnecessary stress and become sick simply because they do not drink enough water. Unintentional dehydration leads to illness and painful, degenerative diseases that can be prevented, treated, and cure by drinking plenty of water.

You will learn how to use water to:

- * Prevent and reverse premature aging
- * Eliminate pains including heartburn, back pain, arthritis, colitis pain, anginal pain, migraine headaches
- * Cure asthma in a few days, naturally and forever
- * Cure hypertension without diuretics or other medication
- * Lose weight effortlessly and naturally, without strict dieting

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目录:

[Your Body's Many Cries for Water_ 下载链接1](#)

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