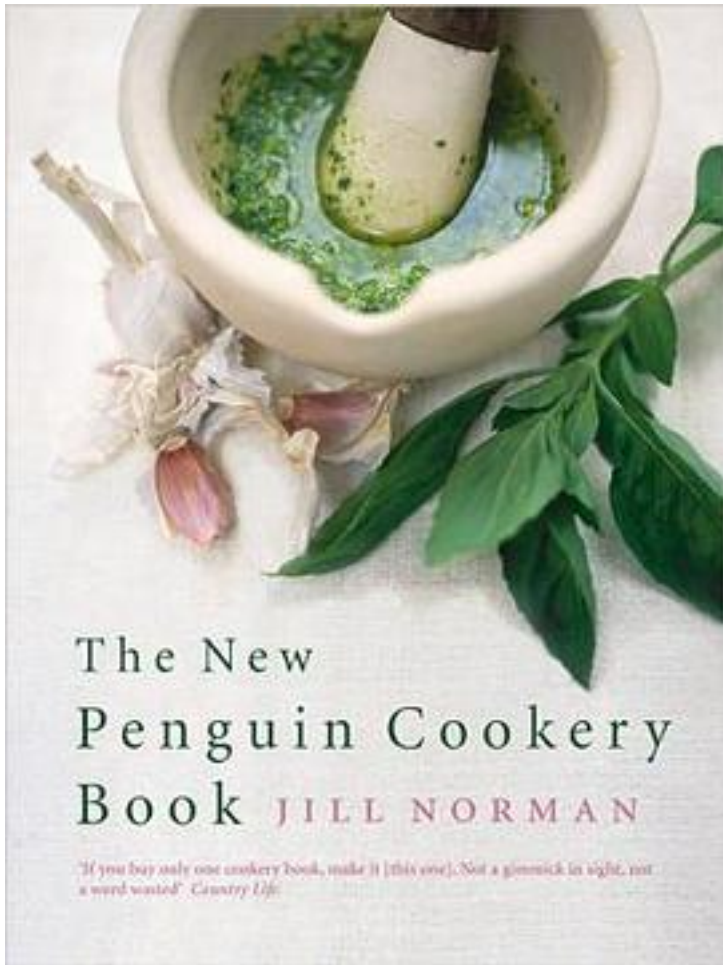


The New Penguin Cookery Book



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The authoritative book for those who want to cook and eat real food, The New Penguin Cookery Book is a perfect guide for beginners and an essential reference for the more

experienced cook. It explains the basic methods of preparing food and then applies these in recipes of many different origins.

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