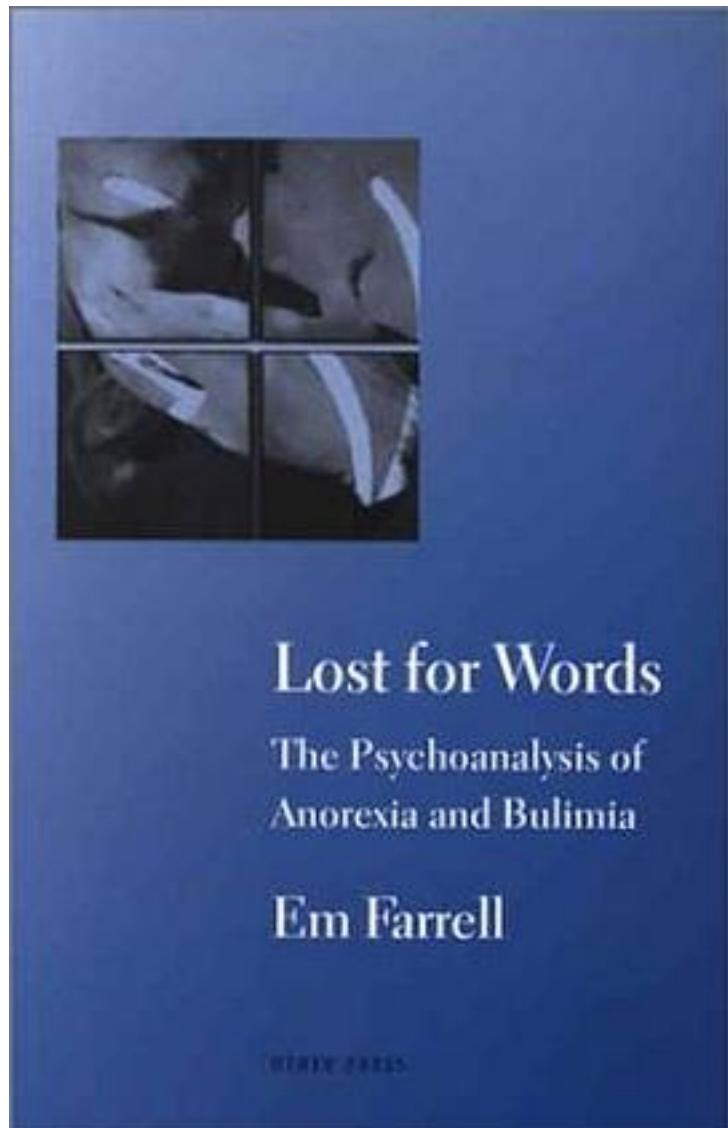


Lost for Words



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Anorexics and bulimics are often lost for words. Most are women. They feel they have no way to communicate effectively. They have not found the words to express and name the turmoil of their experience to themselves or others. This leaves them in a world where neither food nor words can provide nourishment and sustenance. This book explores the nature of anorexia and bulimia, paying particular attention to the issues of mortality and the complexities of the mother-daughter relationship. It stresses the importance for technique of understanding the violent and agonising nature of these individuals' inner worlds.

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