

Darkness Visible



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著者:William Styron

出版者:Vintage

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A work of great personal courage and a literary tour de force, this bestseller is Styron's true account of his descent into a crippling and almost suicidal depression. Styron is perhaps the first writer to convey the full terror of depression's psychic landscape, as well as the illuminating path to recovery.

作者介绍:

目录:

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标签

英文原版

心理学

Psycho

纪实

病

疾病书写

抑郁

想入

评论

The great god of depression

I couldn't say how lucky I am for getting introduced to this book and finally picked it up two weeks ago.

抑郁就像我在盛夏的纽约葱郁绿色中，慢慢腐朽的那丝铜绿。

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书评

I'm way beyond appreciating life of getting to read this book recently. My life had changed drastically after grad school, and I was drifting far away from the summer when I was 15- when I started to learn about depression, PTSD to so much more in my academ...

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