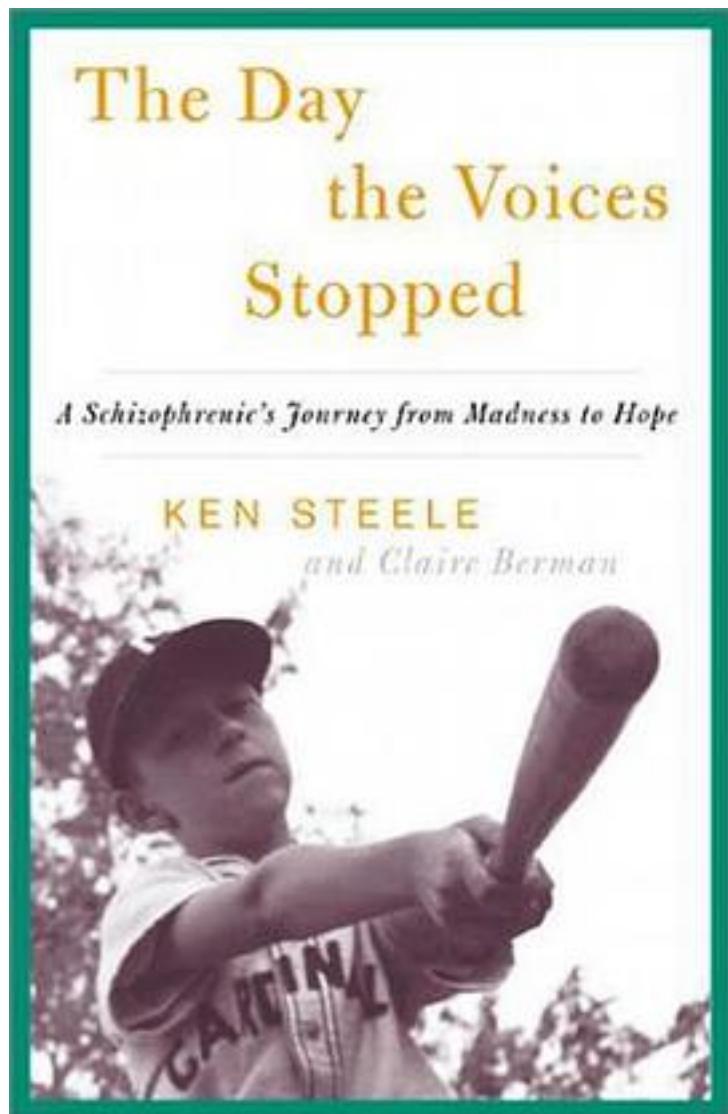


The Day the Voices Stopped



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著者:Ken Steele

出版者:Basic Books

出版时间:2001-04-24

装帧:Hardcover

isbn:9780465082261

A nationally known spokesperson for the mentally ill offers hope and inspiration in this moving story of his 32-year struggle with schizophrenia and his remarkable recovery.

For thirty-two years Ken Steele lived with the devastating symptoms of schizophrenia, tortured by inner voices commanding him to kill himself, ravaged by the delusions of paranoia, barely surviving on the ragged edges of society. In this powerful and inspiring story, Steele tells the story of his hard-won recovery from schizophrenia and how activism and advocacy helped him regain his sanity and go on to give hope and support to so many others like him.

His recovery began with a small but intensely dramatic moment. One evening in the spring of 1995, shortly after starting on Risperdal, a new antipsychotic medicine, he realized that the voices that had tormented him for three decades had suddenly stopped. Terrified but also empowered by this new freedom, Steele rose to the challenge of creating a new life. Steele went on to become one of the most vocal advocates of the mentally ill, earning the respect not only of patients and families but also of professionals and policymakers all over America through his tireless devotion to a cause that transformed his life and that of countless others.

The Day the Voices Stopped will endure as Ken Steele's testament for all who struggle with this heartbreakin disease.

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