

Born to Win



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著者:Muriel James

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A national bestseller in 1971, Born to Win still sells thousands of copies each year. The insights in the book are now fundamental to how we see ourselves. It was one of the first self-help books to analyze communication styles and its 50 gestalt exercises are as revealing as ever about the roles people reenact in their Parent and Child ego states. Photos.

作者介绍:

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标签

个人成长

心理学

学习

win

born

英文

to

胡思

评论

1971; 台譯版: 強者的誕生 (遠流, 1975).

单词和用语不难 能懂 也挺有趣

大夫退休以前送了我一本Muriel James 的passion for life,比文献easy reading太多, 然而写的她美好了以至于都要忘记人的limits了

Each person is born as something new, something that never exist before...each is born with the capacity to win at life....each has his or her unique potentials, capability and limitations, each can be an aware being, a productive person, and a winner....

巨感动的一段话。。。。

是上帝让我们要赢。。。。。

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书评

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