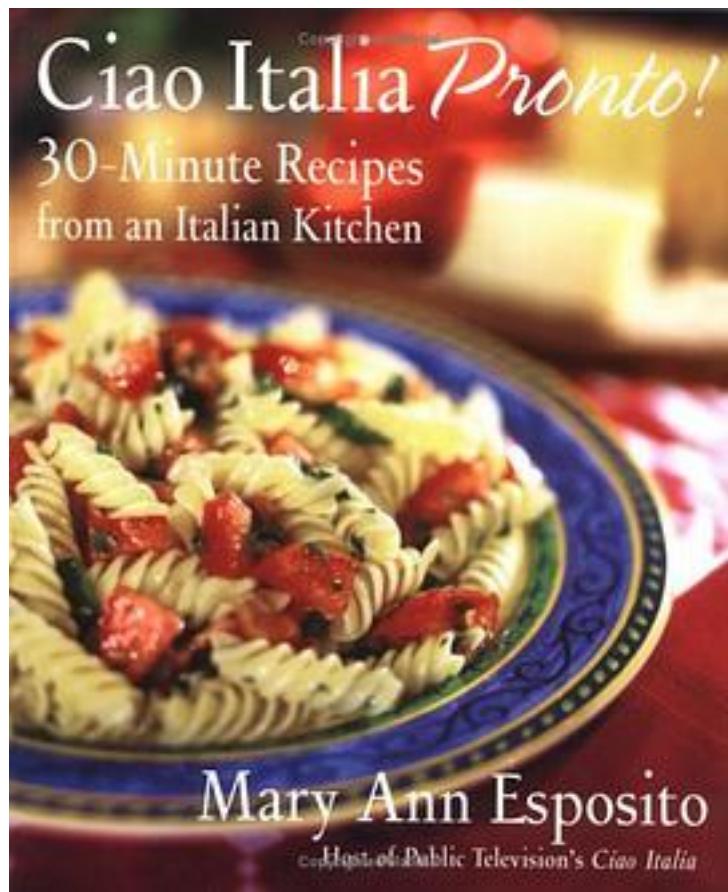


# Ciao Italia Pronto!



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著者:Mary Ann Esposito

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From her Ciao Italia kitchen, Mary Ann Esposito shows people with busy lives and those just starting out in the kitchen how to prepare an authentic Italian meal in thirty minutes, in a book filled with more than seventy mouthwatering recipes from the entire gamut of Italian cuisine: Cibatta toasts with ricotta and salami Zucchini soup with cheese and eggs Quick Chicken Cacciatore Fresh Tuna with Artichokes, Capers

and Chickpeas Layered Eggplant and Zucchini Casserole Baked pears with apricots and wine Mary Ann also gives readers tips on maximizing their time in the grocery store, how to love leftovers, and how to create a Ciao Italia Pronto Pantry filled with the necessary ingredients that any busy cook should have on hand for a quick and authentic Italian meal. This is a great new book in a sleek, contemporary package, from one of televisions most beloved personalities.

作者介绍:

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