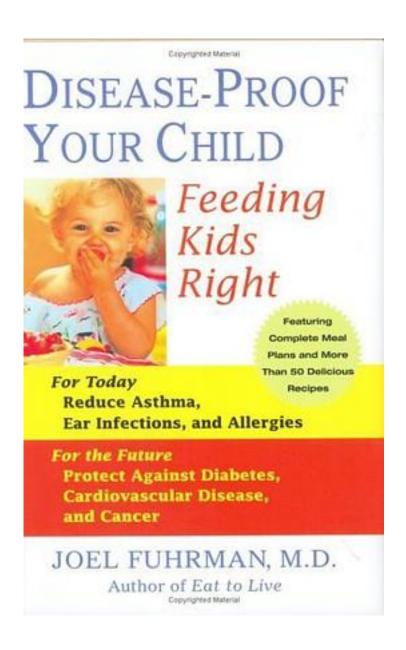
Disease-Proof Your Child



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A groundbreaking book that explains the connection between nutrition and disease prevention-showing parents how to keep their children healthy by feeding them right B ombarded by the media with stories about childhood obesity and dangerous hormones, pesticides and additives in foods, and told that allergies, asthma, and ear infections are on the rise, parents have never been more concerned about what to feed children. In this invaluable resource, featuring easy-toprepare, tasty recipes, Dr. Joel Fuhrman explains how cuttingedge nutritional science can be brought to the family table with amazing results.

作者介绍:
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