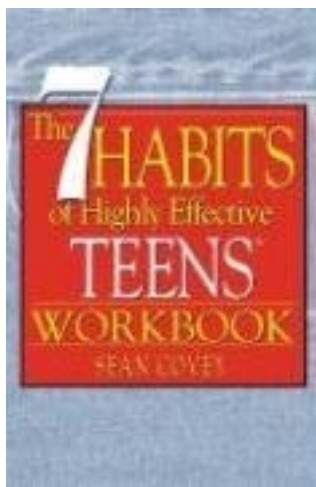


The 7 Habits of Highly Effective Teens Workbook (The 7 Habits)



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著者:Stephen R. Covey

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Being a teenager is wonderful and challenging. In *The 7 Habits of Highly Effective Teens*, author Sean Covey applies the timeless principles of the 7 Habits to teens and the tough issues and life-changing decisions they face. In an entertaining style, Covey provides a step-by-step guide to help teens improve self-image, build friendships, resist peer pressure, achieve their goals, get along with their parents, and much more. In addition, this book is stuffed with cartoons, clever ideas, great quotes, and incredible stories about real teens from all over the world. *The 7 Habits of Highly Effective Teens* will engage teenagers unlike any other book.

An indispensable book for teens, as well as parents, grandparents, and any adult who influences young people, *The 7 Habits of Highly Effective Teens* is destined to become the last word on surviving and thriving as a teen and beyond.

作者介绍:

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标签

管理

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评论

今年读过最好的书。

对半部分的感悟比较深。有一些概念是有启发的。有些例子就。。。有时候想早些遇到这些书也不错，但也许早些年也不会有这样的体悟。

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书评

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