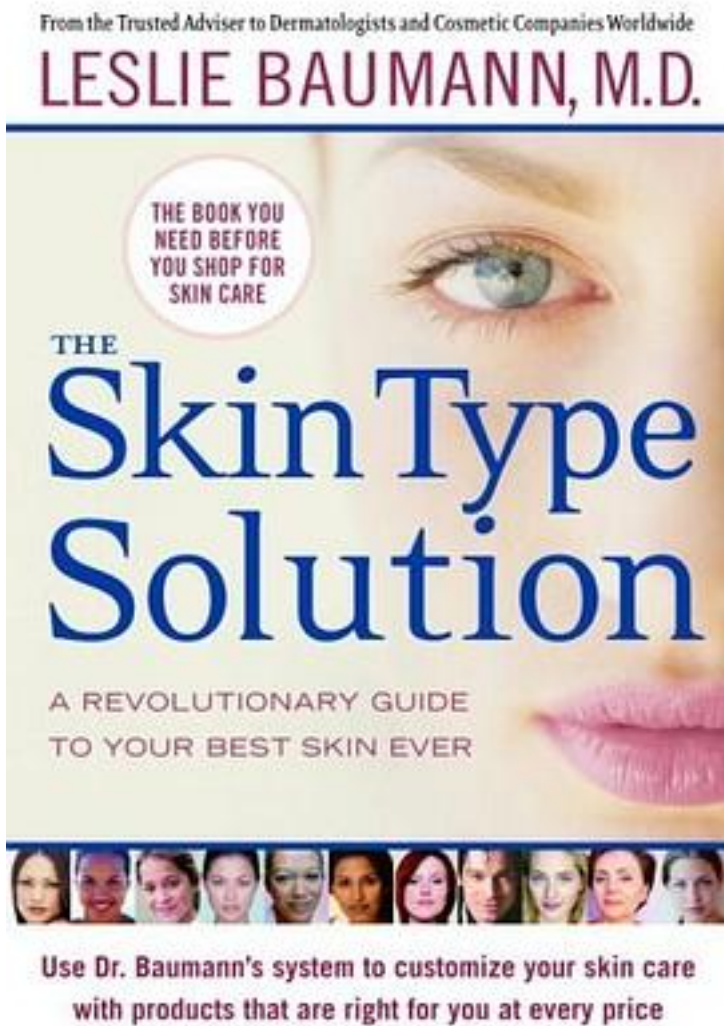


# The Skin Type Solution



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From Dr. Leslie Baumann, a world-renowned dermatologist, comes a program that's revolutionizing the way people everywhere think about—and shop for—skin care. Now you can identify and buy the products that are right for your true skin type. Answer the Baumann questionnaire inside this book and within minutes you can learn—

As everyone knows, all skin is not created equal. But whereas previous books identified only four basic skin types, through her cutting-edge clinical research in Miami Beach, Dr. Leslie Baumann discovered that there are actually sixteen distinctly different skin types—each with unique needs all its own. But caring for your skin doesn't have to be complicated. As Director of Cosmetic Dermatology at the Miller School of Medicine at the University of Miami, Dr. Baumann has tested her program on thousands of patients, developing a system that is already transforming dermatology. Now her proven program is available to you. You'll discover:

• Your personal skin type profile detailing exactly what will work—and what won't—for your unique complexion

• An extensive product guide to name brands suited to every skin type and budget, including cleansers, moisturizers, toners, sun blocks, foundations, and much more

• Natural health and dietary advice for beautiful skin

• Tips on preventing skin aging and “problem” skin

• The latest information on the new world of prescription products, facials, chemical peels, Retin-A, Botox, and collagen injections

So take the questionnaire, discover your type, and find the products you need to look like a million bucks without spending a fortune. With this book in hand, you'll save time, money—and something even more valuable: your skin.

作者介绍:

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标签

护肤

保养

beauty

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Skincare

skin

solution

type

评论

一本破除护肤迷信和解答护肤迷思的书。做完测验看完解答，我觉得我这辈子应该会死于日晒了。

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书评

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