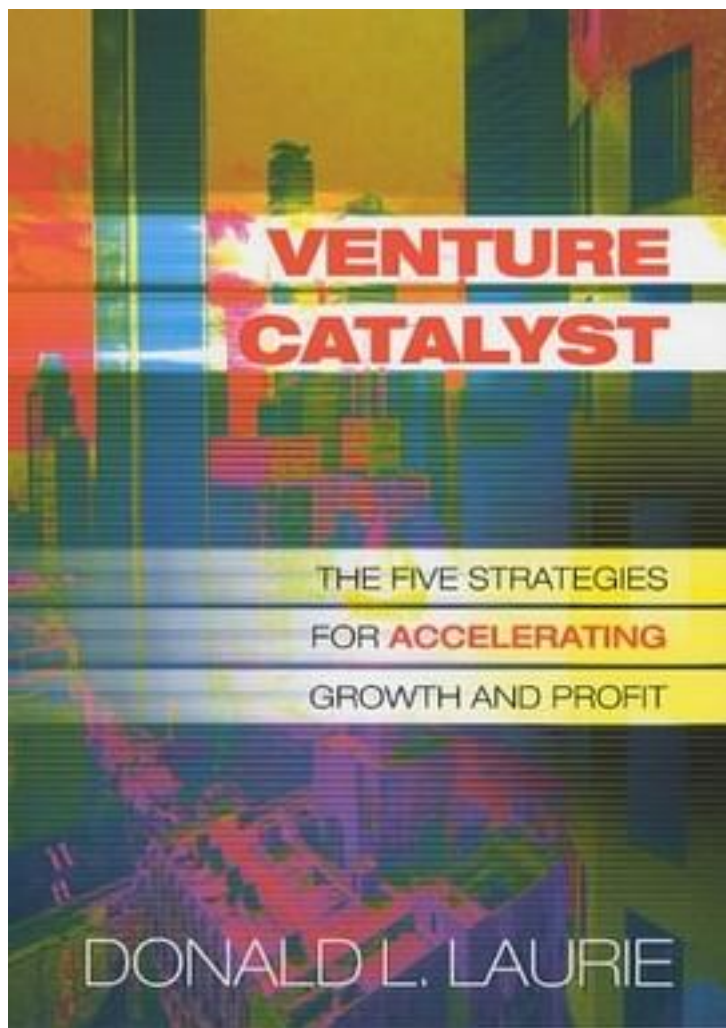


# Power Up Your Mind



[Power Up Your Mind\\_ 下载链接1](#)

著者:Bill Lucas

出版者:Nicholas Brealey Publishing

出版时间:2001-10

装帧:Paperback

isbn:9781857882728

From one of the leading international experts on life-long learning, POWER UP YOUR

MIND will revolutionize our understanding of how our brains are pre-wired to learn and the practical steps we can take to prepare ourselves (emotionally and physically) to participate fully in the process. Diagnostic tools, activities, and stories demonstrate the power of esteem, confidence, and motivation on effective learning, describe the role creativity, aging, and emotional readiness play in the learning process, and help readers create a personal action plan for life-long learning.

作者介绍:

目录:

[Power Up Your Mind\\_ 下载链接1](#)

标签

mind

study

management

book

评论

-----  
[Power Up Your Mind\\_ 下载链接1](#)

书评

-----

[Power Up Your Mind 下载链接1](#)