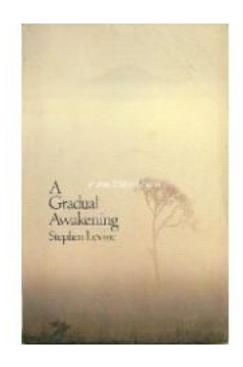
A Gradual Awakening



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著者:Stephen Levine

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Poet and meditation teacher Levine writes simply and gently about his own personal experiences with and insights into vipassana meditation. An inspiring book for anyone interested in deep personal growth.

作者介绍:

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