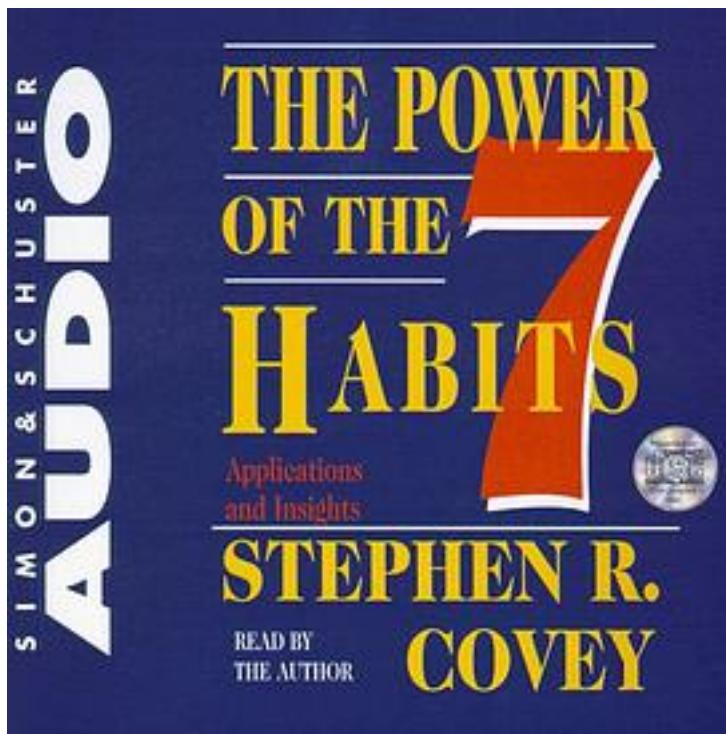


# The Power Of The 7 Habits



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In this program available exclusively on audio, Stephen Covey expands on the principles set forth in his bestseller, *The 7 Habits of Highly Effective People*. In *The Power of the 7 Habits*, Covey provides valuable insights that will deepen our understanding of the habits and allow us to make them part of our daily lives. Among the principles it shares are:

\* Why the 7 Habits are like a "spiral staircase" with many levels, and why mastering the habits at one level enables us to move on to the next

- \* Why developing a mission statement can lead to empowerment
- \* How using the four quadrants will help develop our minds, bodies, skills, and relationships with others

The next step on the ever-evolving road to personal and professional fulfillment. The Power of the 7 Habits will help us to achieve our goals and identify the commitments we can make to begin to live the 7 Habits immediately.

作者介绍:

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