Groups



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GROUPS: THEORY AND PRACTICE offers a current, interdisciplinary approach to group dynamics that balances a rigorous scientific approach with practical, relevant advice about developing group skills. Burn's balanced approach is distinguished by its ability to help students bridge the gap between important theories, research studies, and group practice. The book is also distinguished by its attention to diversity in groups, both in terms of individual differences (e.g. gender, race, and ethnicity) and culture among group members. The author's interdisciplinary emphasis makes the text appropriate for students from a wide variety of disciplines, including psychology, communications, business, nursing, and the helping professions. Both the practical and the research findings concerning diversity are presented. Such boxed features as "Apply It" and "Self-and-Group Assessment" allow readers to apply concepts and gain personal insight about their own leadership abilities. These activities span a wide range of course areas, encourage student participation within the classroom, and set the stage for lively discussions. To ensure accuracy and consistency throughout the course, Burn drew on her own experience in the classroom to create the Instructor's Manual and Test Bank.

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