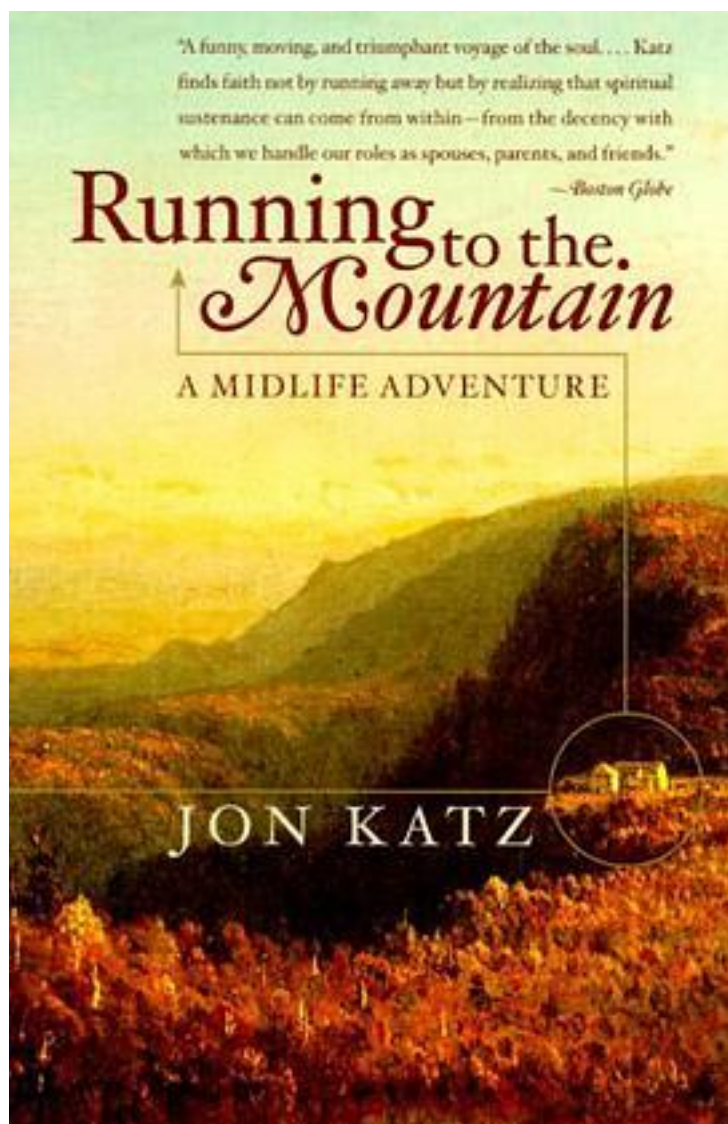


Running to the Mountain



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著者:Jon Katz

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Jon Katz, a respected journalist, father, and husband, was turning fifty. His writing career had taken a dubious turn, his wife had a demanding career of her own, his daughter was preparing to leave home for college, and he had become used to a sedentary lifestyle. Wonderfully witty and insightful, *Running to the Mountain* chronicles Katz's hunger for change and his search for renewed purpose and meaning in his familiar world.

Armed with the writings of Thomas Merton and his two faithful Labradors, Katz trades in his suburban carpool-driving and escapes to the mountains of upstate New York. There, as he restores a dilapidated cabin, learns self-reliance in a lightning storm, shares a bottle of Glenlivet with unexpected ghosts, and helps a friend prepare for fatherhood, he confronts his lifelong questions about spirituality, mortality, and his own self-worth. He ultimately rediscovers a profound appreciation for his work, his family, and the beauty of everyday life--and provides a glorious lesson for us all.

作者介绍:

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