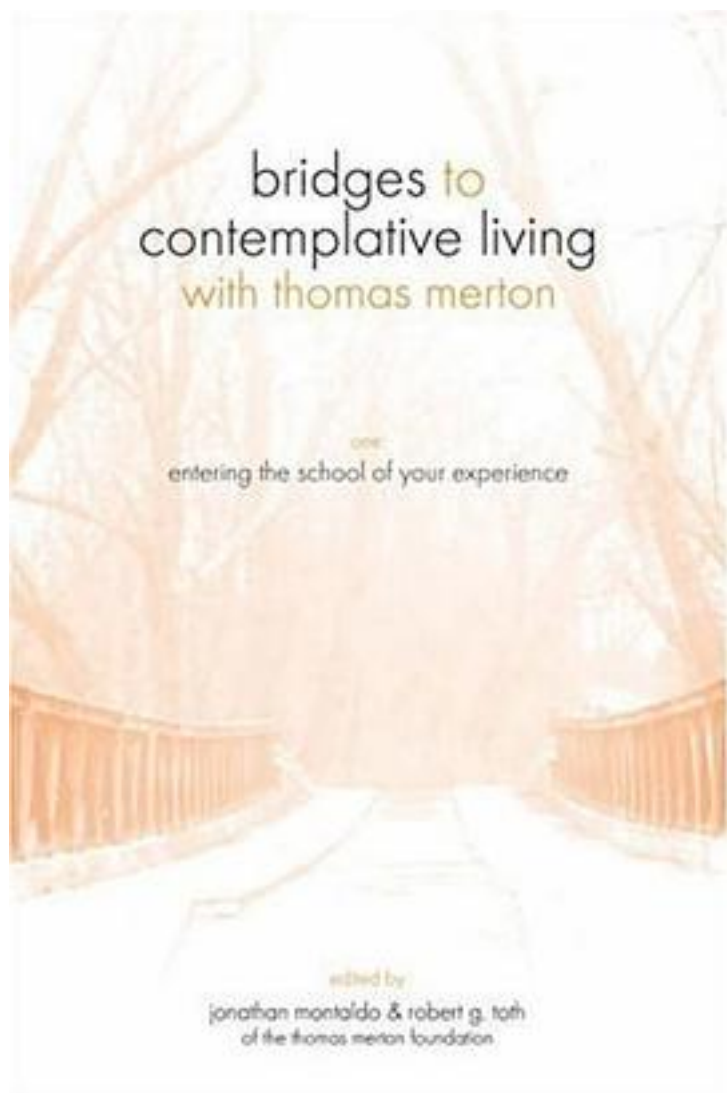


Becoming Who You Already Are (Bridges to Contemplative Living with Thomas Merton Series Vol. 2)



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Bridges to Contemplative Living with Thomas Merton gently leads participants on a journey toward spiritual transformation and a more contemplative and peace-filled life. Each eight-session booklet offers an introduction to Merton and contemplative living through prayers, readings from Merton and other spiritual masters, and questions for small group dialogue. Book Two: Becoming Who You Already Are helps readers learn to utilize their own life experiences as the primary tool for spiritual growth. It points readers in the end to embrace our deep connections with all of creation through the God who made us. While the series uses Merton as a starting point, it seeks most of all to mine the spiritual depths of those who use it.

作者介绍:

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