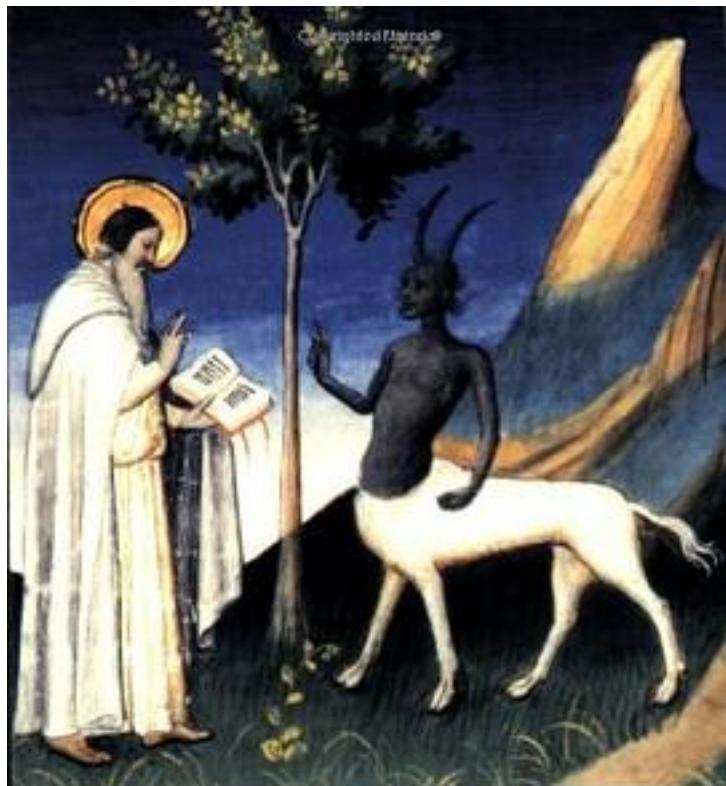


The Desert Fathers



PENGUIN CLASSICS

The Desert Fathers *Sayings of the Early Christian Monks*

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出版者:Vintage

出版时间:1998-03-24

装帧:Paperback

isbn:9780375700194

By the fourth century A.D., devout Christians--men and women alike--had begun to retreat from cities and villages to the deserts of North Africa and Asia Minor, where they sought liberation from their corrupt society and the confining shell of the social self. The Desert Fathers is the perfect introduction to the stories and sayings of these heroic pioneers of the contemplative tradition. Selected and translated by Helen Waddell, The Desert Fathers opens a window onto early Christianity while presenting us with touchingly human models of faith, humility, and compassion. With a new Preface by the Cistercian monk, writer, and revered teacher of contemplative prayer M. Basil Pennington, author of *O Holy Mountain* and *Challenges in Prayer*.

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--Archbishop Desmond Tutu

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