

Abnormal Psychology



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出版者:Prentice Hall

出版时间:2004-07-20

装帧:Hardcover

isbn:9780131181113

<!--1811N-6, 0-13-118111-4, Sarason, Irwin G., Sarason, Barbara R., Abnormal Psychology: The Problem of Maladaptive Behavior, 11/E/--> This classic book provides readers with a comprehensive and up-to-date real-world overview of the abnormal psychology field, by building on the strengths of existing theoretical systems and clinical methods. It focuses on maladaptive behavior as a product of the interaction between personal vulnerabilities and resiliencies. Numerous brief cases include first-person accounts that illustrate the experience of mental illness, as well as the nature and challenges of clinical practice and clinically-relevant research. For individuals interested in the fields of abnormal psychology, abnormal behavior, and psychopathology.

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