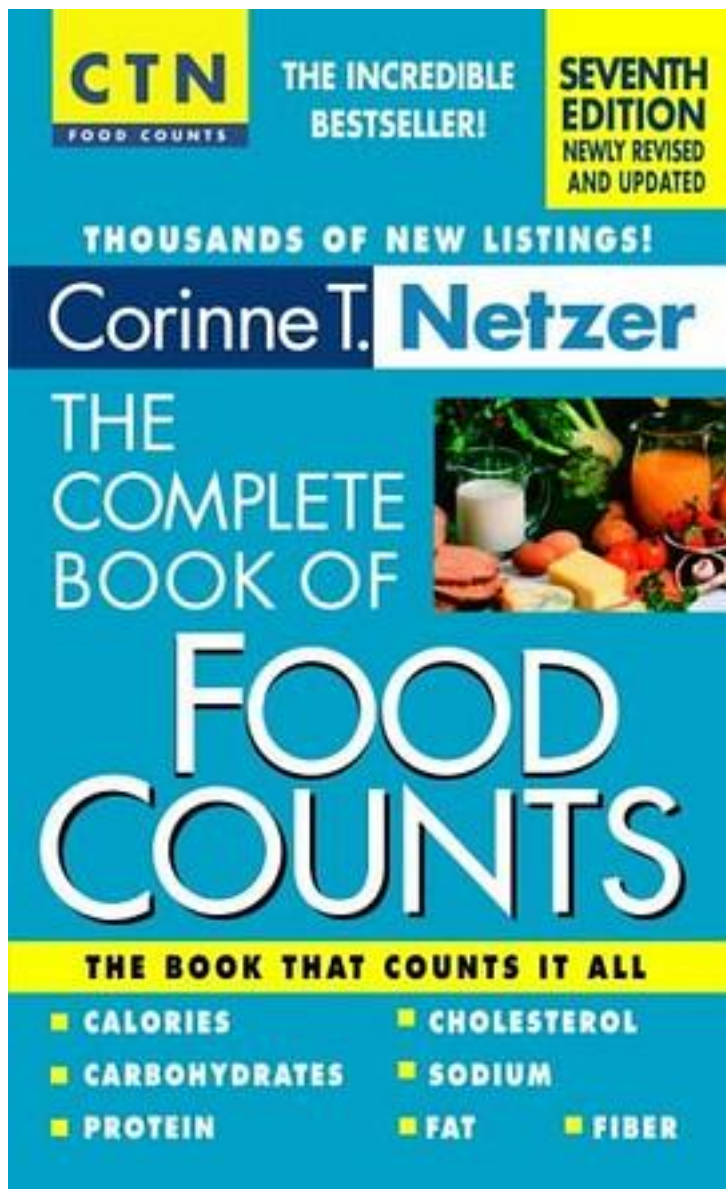


The Complete Book of Food Counts



[The Complete Book of Food Counts_ 下载链接1](#)

著者:Netzer, Corinne T.

出版者:Bantam Books

出版时间:2005-12

装帧:Pap

isbn:9780440241232

Featuring thousands of new listings—and thousands more choices—than ever before, this completely revised seventh edition of The Complete Book of Food Counts is the most up-to-date reference you can buy. Featuring all-new information on a wide variety of new products, here are essential counts for generic and brand-name foods PLUS the latest gourmet and health foods, including hundreds of ethnic foods. From fast-food salads to gourmet pizza, from Mexican to Japanese to Indian cuisines, this authoritative reference gives you all the nutritional information you need, whether you’ re walking the supermarket aisles or checking out your local natural food and gourmet shops!

作者介绍:

目录:

[The Complete Book of Food Counts_ 下载链接1](#)

标签

Food

评论

[The Complete Book of Food Counts_ 下载链接1](#)

书评

[The Complete Book of Food Counts_ 下载链接1](#)