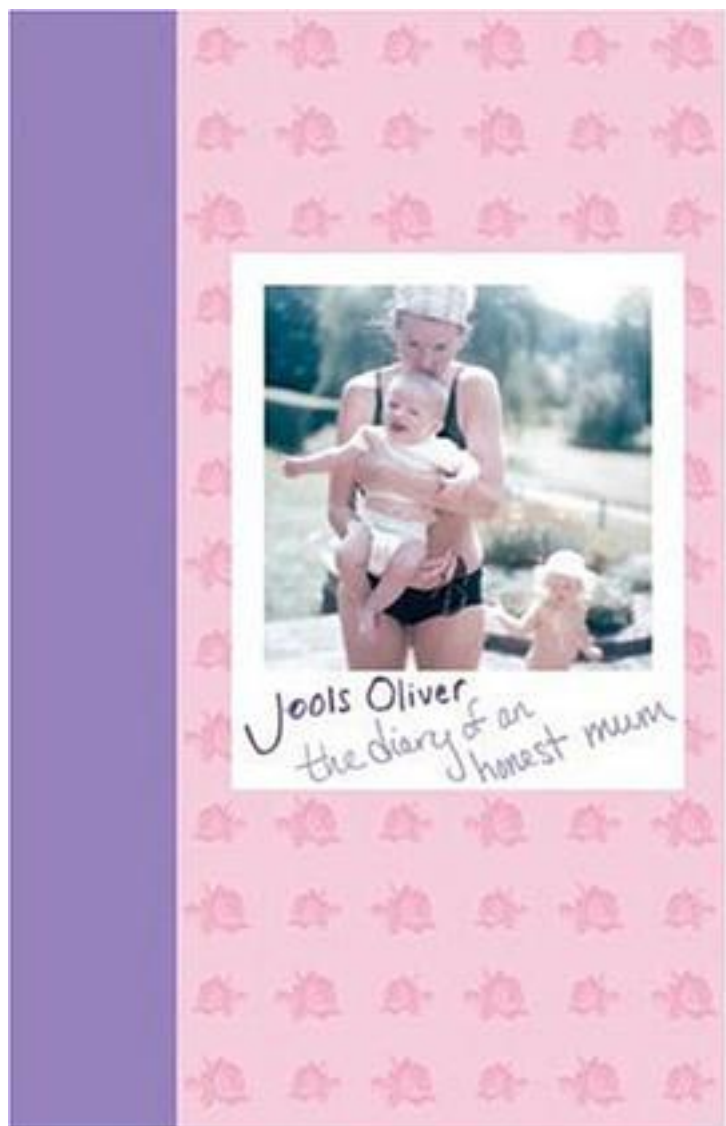


# The Diary of an Honest Mum



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A warm, candid look at the ups and downs of pregnancy and motherhood -- written by Jamie Oliver's wife

Being pregnant for the first time changed Jools Oliver's life. Having longed for children as far back as she can remember, she was suddenly faced with an array of unfamiliar, unexpected, and sometimes downright embarrassing emotional and physical reactions. So when Poppy (and a year later, Daisy) was born, she had to learn a whole new set of skills.

From "minus nine" (her first positive pregnancy test) to "one" (Poppy's first birthday), Jools takes you through the worries, surprises, excitement, miracles, and very hard work that she -- and all new moms in their own different ways -- had to face along the way.

Down to earth, personal, and very very funny, this is the book no aspiring mother will want to be without.

作者介绍:

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