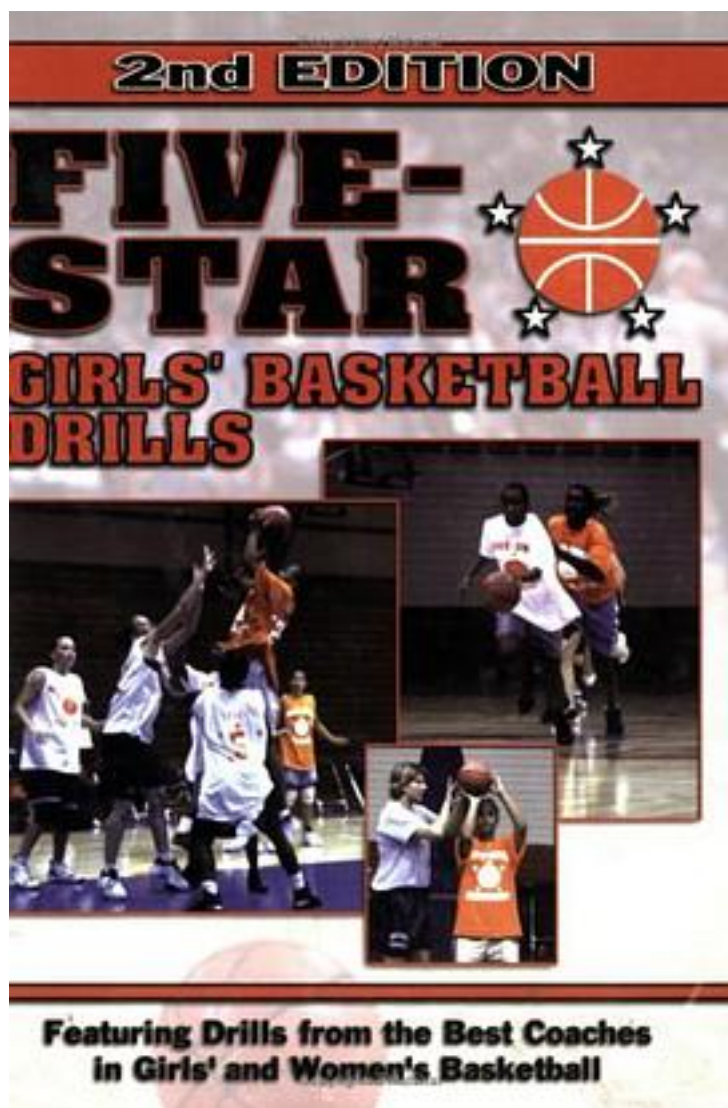


Five-Star Girls' Basketball Drills, Second Edition



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Five-Star Basketball Camps have long been synonymous with quality basketball instruction -- some of the best players in the world have been Five-Star campers: including Michael, Patrick, Isaiah, Moses, Christian, Alonzo, Grant, Stephon, The Rainman, Elton, Allan, Jayson and Vince! In 1999 eight former Five-Star Campers were selected as NBA first round draft picks: Elton Brand, Steve Francis, Richard Hamilton, Ron Artest, Trajan Langdon, Dion Glover, Corey Maggette and Jumaine Jones! As a longtime leader in basketball instruction, Five-Star feels it must continue in its quest to educate young players about their sport. About 20 years ago, Five-Star published a book based on the drills and teachings of their boys' camps Five-Star Basketball Drills, that has become an essential part of every coach's library. In 2000, Five-Star compiled and produced the most comprehensive, state-of-the-art collection of drills by girls' and women's coaches ever assembled. Ten thousand copies were sold in the first two years of its publication. In 2003, we are pleased to announce the publication of an updated version of Five-Star Girls' Basketball Drills with more of what was loved in the first edition: more great drills, more great coaches, more information on how to make the most of your playing time as a player and how to get the most out of your team if you are a coach!

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